

# Curriculum Vitae

**Female**

**D.O.B. 30 March 1991**

**Number of years working in industry:**

**13 years 0 months**



**Candidate ID Number:** 89900

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Manager, Assistant Manager, Head Therapist, Massage Therapist

## Personal Statement

I am a self motivated individual and always ready for a challenge. I love to travel and meet new people, I would love to take on a new adventure and experience a land based career.

Seeking work in international locations

## Employment History:

**October 2020 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) The Lake District , UK - United Kingdom, (5 Star Hotel Spa)

### Duties included:

During my time in this position I delivered massage to the hotel and spa day guests including: Swedish, deep tissue, hot stones, body scrubs and mini facials.

### Products worked with:

I am currently working with Elemis

**July 2015 - January 2021 - Massage Therapist** at The World, 6\* Mega Yacht , (Cruise Ship)

### Duties included:

During my time on The World I would provide luxury massage to the residence onboard, as it was residential owned the priority was the privacy for the guests onboard. During quiet times it would give the team the opportunity to make sure the cleanliness of the spa was up to date.

As we did excursions the crew help with beach landings and helping residence getting off and on the yacht.

### Products worked with:

Banyan

**June 2017 - July 2020 - Spa Manager** at One Spa World, Disney Cruise line , (5 Star Hotel Spa)

### Duties included:

During the past 3 years I have been working on the following cruise lines: Disney, WindStar and Silver Seas as a Spa Manager and Assistant reporting directly to the hotel director. With working in a customer facing role it was my duty to interact with each and every guest and fulfill their needs during their cruise. I would oversee the spa operations from checking guest in and showing them our facilities to helping my spa team provide exceptional service and hitting their targets.

On a daily basis I would do spa check to make sure everything was running smoothly and all maintenance issues were addressed to.

At the end of every cruise I would prepare the teams schedule and budget targets for the upcoming cruise which would then be broken down in a team meeting.

Every 3 months myself and the team would do an inventory count of all products used in the spa which was then transferred to a master sheet and updated in the system which would reflect for the incoming stock.

#### **Products worked with:**

Elemis and Kerastase

#### **August 2016 - March 2017 - Massage Therapist** at One Spa World, Disney Magic, (Cruise Ship)

##### **Duties included:**

During my time on the Disney Magic I provided the following luxury treatments to cruise line guests: Swedish, Deep Tissue, Hot Stones, Thai Poultice, Bamboo, Body Scrubs, Wraps, Mini Facials and Cabana Massage on Disney's private island.

My main role would be a massage therapist however I did help out on the reception desk with booking treatments and attending to the cruise line guest from checking them in and showing them around our facilities.

I would help the manager on a regular basis with team rota and inventory counts.

#### **Products worked with:**

Elemis, La'Therapy

#### **September 2012 - February 2015 - Massage Therapist** at One Spa World, Disney Cruise line, (Cruise Ship)

##### **Duties included:**

During my time on the Disney Fantasy I provided the following luxury treatments to cruise line guests: Swedish, Deep Tissue, Hot Stones, Thai Poultice, Bamboo, Body Scrubs, Wraps, Mini Facials and Cabana Massage on Disney's private island.

My main role would be a massage therapist however I did help out on the reception desk with booking treatments and attending to the cruise line guest from checking them in and showing them around our facilities.

I would help the manager on a regular basis with team rota and inventory counts.

#### **Products worked with:**

Elemis, La'therapy, Sebastian.

#### **Education and Qualifications:**

##### **2017 Red Ensign - Isle of White**

STCW

Sea Survival

##### **2017 Miami Steiner Academy**

Certificate

Management Training

##### **2011 University of Cumbria**

Foundation Degree

Sports Coaching and Development

### **2011 Furness College/ UCAS**

3x BTEC Level 3

National Award/ Certificate / Diploma in Sport

VTCT Level 3 i Swedish Massage

Foundation Degree in Sports Coaching and Development

### **2005 Thorncliffe School**

9x GCSE B-C in Maths, English, Science, P.E and Health and Social Care.

### **Product Training:**

#### **August 2012      Elemis**

Steiner Academy in London

All Elemis Body and Mini Facials.

### **Vocational Qualifications**

Key Skills Level 2 - Application on Number, Communication Skills and ICT (2007-2008)

### **Hobbies and Interests**

- Hiking/Walking
- Working Out
- Travelling
- Socialising
- Cooking

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