



Curriculum Vitae

Female

D.O.B. 26 March 1993

Number of years working in industry:

2 years 1 month

Candidate ID Number: 89339

Nationality: American, British

Language Skills:

Fluent: English

Basic: Spanish

Permitted to work in: USA - United States, UK - United Kingdom

Position Sought: Skin Clinic Therapist, Massage Therapist, Holistic Therapist

Personal Statement

Some of the best qualities I would say are my level of patience, and the ability to remain consistent/give my best. My current life goals include more world travel and self-sufficiency.

Seeking work in international locations and cruise ships

Employment History:

February 2020 - December 2020 - Massage Therapist at (most recent employer hidden for confidentiality) LENOX, USA, USA - United States, (5 Star Hotel Spa)

Duties included:

- Greet clients, determine needs or requests.
- Perform various massage techniques including prenatal, deep tissue, relaxation, abdominal massage, reflexology, body scrubs/hot towels/massage, aromatherapy, skincare, thai massage, sound healing..etc.
- Remaining friendly and professional as well as providing skillful service to maintain client satisfaction.

Products worked with:

Naturopathica

May 2018 - August 2019 - Massage Therapist at Elements Massage Spa, East Longmeadow, USA - United States, (Day Spa)

Duties included:

- Greet clients, determine needs or requests.
- Perform various massage techniques including hot salt stone, cupping, CBD oil massage, aromatherapy....etc.
- Recommend the client techniques after the massage such as stretching or epsom salt baths until the next session.
- Remaining friendly and professional as well as providing skillful service to maintain client satisfaction.

Products worked with:

grapeseed oils, hot stones, cupping, etc.

Education and Qualifications:

2017 The Massage School 63 Wareham St. Easthampton, MA USA

Certificate

Licensed Massage Therapy

Cupping

Reiki

2017 The Massage School

MBLEX Exam

Certificate in Licensed Massage Therapy

Product Training:

February 2020 Holistic body scrubs

Miraval Berkshires in Lenox Massachusetts

Each massage is specifically designed to provide a unique and pleasant experience for resort guests. Many of the treatments included body scrubs that were removed with hot towels followed by a massage. For example, the "Juniper Leg and Foot" massage was a deep tissue massage designed for just the legs and feet, using products such as Sweet Birch Magnesium Bath Flakes, Sea Fennel Massage Wax, and the Sweet Birch Rub.

Products used for various training in massage and body scrubs:

Sweet Birch Magnesium Flakes

Gotu Kola Intense Repair Balm

Mighty Mint Rescue Cream

Vitamin C Revitalizing Lotion

Sea Fennel Massage Wax

Sweet Birch Rub

Various Aromatic Alchemies

Lemon Verbena Body Polish

Manuka Honey Cleansing Balm

Sicilian Bergamont Body Lotion

Lemongrass Mimosa Body Scrub

Lemon Verbena Omega-3 Hand Cream

Espresso Mud Body Scrub

Wild Lime Revitalizing Scalp & Hair oil

Seaweed Body Wrap

Vocational Qualifications

Associate's Degree in Liberal Arts

Adult and Pediatric First Aid

Basic Computer Programming Skills

Hobbies and Interests

hiking, music, yoga, reading, cooking, jewelry making, crystal sanding/polishing, writing..etc.

CV created at www.spastaff.com

