

# Curriculum Vitae

**Female**

**D.O.B. 21 June 1981**

**Number of years working in industry: 15 years 11 months**

**Candidate ID Number:** 88434

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: Mandarin , French

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Consultant, Head Therapist, Treatment Manager / Spa Trainer, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Receptionist

## **Personal Statement**

I'm motivated and diligent to the craft of massage. From my time spent living in China and Thailand I learned that massage is not limited to an occasional luxury (but it can be!) But it also is a vital way to address the balance of our minds bodies and souls

Seeking work in national and international locations and cruise ships

## **Employment History:**

**March 2010 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Day Spa)

### **Duties included:**

I undertook all duties of being a therapist. This included but was not limited to:

Home visits

Spa appointments

Full consultations/explanation of contraindications

Preparation and maintenance of my spa room

Aftercare advice

Mixing aromatherapy

Keeping my clients records safe and secure, in a locked filing cabinet

Scheduling and upselling appointments

Performing massage tailored specifically to my clients

Impeccable hygiene

Presentable, friendly, welcoming attitude

## **Education and Qualifications:**

**2010 LONDON richdales and City lit**

ITEC 5

## **2010 LONDON**

ITEC

Massage for pregnancy

Thai massage from the chaing mai institue

Sports therapy to level 5

Holistic massage

Aromatherapy

## **Vocational Qualifications**

First aid

Degree in costume design

## **Hobbies and Interests**

Dance

Writing

Anatomy/physiology

Cooking with a nutrition plan

Making clothes

Gardening, growing my own herbs and making my own aromatherapy oils

Art galleries

CV created at [www.spastaff.com](http://www.spastaff.com)

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