

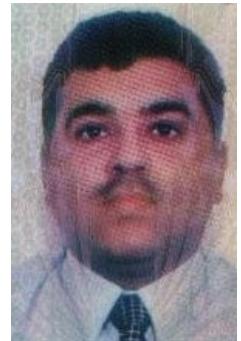
# Curriculum Vitae

**Male**

**D.O.B. 02 April 1967**

**Number of years working in industry:**

**9 years 4 months**



**Candidate ID Number:** 87657

**Nationality:** British

**Language Skills:**

Fluent: English, Urdu, Punjabi

Basic: French, Arabic

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Complementary Therapist

## Personal Statement

Always humble, willing to help, caring to people, willing to go the extra yard.

I have trained in non conventional medicine and invested time and money in research. I always knew I would change people's lives.

Seeking work in national and international locations

## Employment History:

**October 2016 - Present - Complementary Practitioner** at (most recent employer hidden for confidentiality)  
Birmingham, UK - United Kingdom, (Home/Mobile)

### Duties included:

- I provide a wide range of complementary support to clients.
- Herbal medicine, Inter X Therapy (Pain relief therapy using electrical stimulation), Cupping, Exercise as rehabilitation, dietary advice.
- I hold a degree in Herbal Medicine and treat sport injuries.
- I consider the psychological health of patients in treatment.
- I follow Islam as my faith. British born of Pakistani heritage.
- I do not speak fluent Arabic or write it. I have Quranic Arabic knowledge.
- I treat many Arab patients in the UK. I have patients in Saudi Arabia.

## Education and Qualifications:

### 2020 Trained in house.

On line training. To complement skills possessed in sport and to help rehabilitation of clients.

I became qualified as a Pilates Trainer in February 2020. Trained in house.

### 2016

- Inter X Therapy is used to treat (acute and chronic) pain. I have four years' experience since being accredited at Advanced level in October 2016. Osteoarthritis, rheumatoid arthritis, lymphedema cases have been helped.
- Inter X Therapy involves stimulation of nerves, massage, understanding of dermatomes and muscle groups. Treatment works on similar principles as acupuncture (but non-invasive, as there are no needles), by encouraging the body to heal itself, with release of chemicals activated from the dorsal horn of spinal cord

and periaqueductal grey area of the brain.

- Common treatments are for: bursitis, tendonitis, muscle tears, nerve compression, anywhere on the body. Patients are helped to avoid surgery or post surgery. I have treated conventional doctors myself, as they are impressed by the non-invasive nature of treatment.
- I treat sports injuries (eg., Achilles tendon issues) and have helped recovery of black belt martial arts fighters/instructors from the International Combat Organisation (ICO). I sometimes use 'cupping' as a treatment method.

## **2016 InterX Clinic, 1st floor, 105 - 107 Bath Road, Cheltenham, GL53 7LE**

Advanced Level Therapist

Inter X Therapy

Pain relief - using £5k electrical stimulation device. Using principles of acupuncture and massage.

Assessing pain - muscular/joint, nerve pains.

Rehabilitation exercises as would be provided by a (sports) Physiotherapist.

## **2015 University of Lincoln**

- BSc (Hons) Herbal Medicine
- I worked with a Unani/Tibb (holistic medicine) practitioner/professor (2009-2010) and then for a Swiss clinic (2015-2016).
- I completed a BSc (Hons) Herbal Medicine (2012-2015). I studied nutrition, pathophysiology, anatomy and physiology, differential diagnosis, which allows me to interact respectfully with medical professionals. I complement work of family doctors. My undergraduate specialisms were diabetes and eczema.
- I am trained to diagnose and treat patients with herbal medicine dispensed/prepared by me as herbal tinctures/powders/capsules/teas.
- Designing and making medicine formulas is, after assessing the cardiovascular index, tongue analysis, pulse analysis and medical testing information from General Practitioners/Hospitals.
- I use herbs from the United Kingdom, China, Middle East, Indian Subcontinent and many other parts of the world. I am knowledgeable of potency and use of different parts of herbs (root, leaf, bark, stem), to design safe and suitable chemical formulations for medical conditions.

## **Vocational Qualifications**

Dry cupping

Master of Business Administration (MBA).

## **Hobbies and Interests**

I used to be a semi professional cricketer. Played a National Final at Lords cricket ground (Home of cricket).

I play a good number of sports, football, badminton, kickboxing.

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