

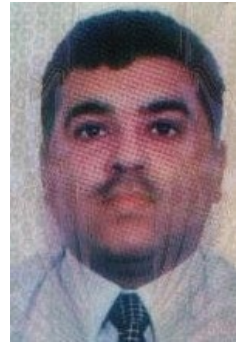
Curriculum Vitae

Male

D.O.B. 02 April 1967

Number of years working in industry:

9 years 4 months



Candidate ID Number: 87657

Nationality: British

Language Skills:

Fluent: English, Urdu, Punjabi

Basic: French, Arabic

Permitted to work in: UK - United Kingdom

Position Sought: Complementary Therapist

Personal Statement

Always humble, willing to help, caring to people, willing to go the extra yard.

I have trained in non conventional medicine and invested time and money in research. I always knew I would change people's lives.

Seeking work in national and international locations

Employment History:

October 2016 - Present - Complementary Practitioner at (most recent employer hidden for confidentiality)
Birmingham, UK - United Kingdom, (Home/Mobile)

Duties included:

- I provide a wide range of complementary support to clients.
- Herbal medicine, Inter X Therapy (Pain relief therapy using electrical stimulation), Cupping, Exercise as rehabilitation, dietary advice.
- I hold a degree in Herbal Medicine and treat sport injuries.
- I consider the psychological health of patients in treatment.
- I follow Islam as my faith. British born of Pakistani heritage.
- I do not speak fluent Arabic or write it. I have Quranic Arabic knowledge.
- I treat many Arab patients in the UK. I have patients in Saudi Arabia.

Education and Qualifications:

2020 Trained in house.

On line training. To complement skills possessed in sport and to help rehabilitation of clients.

I became qualified as a Pilates Trainer in February 2020. Trained in house.

2016

- Inter X Therapy is used to treat (acute and chronic) pain. I have four years' experience since being accredited at Advanced level in October 2016. Osteoarthritis, rheumatoid arthritis, lymphedema cases have been helped.
- Inter X Therapy involves stimulation of nerves, massage, understanding of dermatomes and muscle groups. Treatment works on similar principles as acupuncture (but non-invasive, as there are no needles), by encouraging the body to heal itself, with release of chemicals activated from the dorsal horn of spinal cord

and periaqueductal grey area of the brain.

- Common treatments are for: bursitis, tendonitis, muscle tears, nerve compression, anywhere on the body. Patients are helped to avoid surgery or post surgery. I have treated conventional doctors myself, as they are impressed by the non-invasive nature of treatment.
- I treat sports injuries (eg., Achilles tendon issues) and have helped recovery of black belt martial arts fighters/instructors from the International Combat Organisation (ICO). I sometimes use 'cupping' as a treatment method.

2016 InterX Clinic, 1st floor, 105 - 107 Bath Road, Cheltenham, GL53 7LE

Advanced Level Therapist

Inter X Therapy

Pain relief - using £5k electrical stimulation device. Using principles of acupuncture and massage.

Assessing pain - muscular/joint, nerve pains.

Rehabilitation exercises as would be provided by a (sports) Physiotherapist.

2015 University of Lincoln

- BSc (Hons) Herbal Medicine
- I worked with a Unani/Tibb (holistic medicine) practitioner/professor (2009-2010) and then for a Swiss clinic (2015-2016).
- I completed a BSc (Hons) Herbal Medicine (2012-2015). I studied nutrition, pathophysiology, anatomy and physiology, differential diagnosis, which allows me to interact respectfully with medical professionals. I complement work of family doctors. My undergraduate specialisms were diabetes and eczema.
- I am trained to diagnose and treat patients with herbal medicine dispensed/prepared by me as herbal tinctures/powders/capsules/teas.
- Designing and making medicine formulas is, after assessing the cardiovascular index, tongue analysis, pulse analysis and medical testing information from General Practitioners/Hospitals.
- I use herbs from the United Kingdom, China, Middle East, Indian Subcontinent and many other parts of the world. I am knowledgeable of potency and use of different parts of herbs (root, leaf, bark, stem), to design safe and suitable chemical formulations for medical conditions.

Vocational Qualifications

Dry cupping

Master of Business Administration (MBA).

Hobbies and Interests

I used to be a semi professional cricketer. Played a National Final at Lords cricket ground (Home of cricket).

I play a good number of sports, football, badminton, kickboxing.

CV created at www.spastaff.com

