

Curriculum Vitae

Male

D.O.B. 10 November 1981

Number of years working in industry:

13 years 7 months



Candidate ID Number: 86469

Nationality: Polish

Language Skills:

Fluent: English, Polish

Basic: Russian

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Spa Consultant, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Receptionist, Area Sales Representative, Retail Professional, Membership Sales Professional, Physiotherapist

Personal Statement

I am very passionate about complementary services and approaches. I enjoy nothing more than providing holistic services to improve health and well-being. Over the years as a Physical and Spa Therapist I have invested in learning techniques to make sure that I work in accordance with industry standards. In addition, I am very hard working and communicate well with others.

Employment History:

July 2012 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Home/Mobile)

Duties included:

- Lymphatic massage
- Aromatherapy massage
- Deep tissue massage
- Sports massage
- Swedish massage
- Reflexology
- Himalayan Salt Stone Massage
- Hot Stone massage

Products worked with:

Aromatherapy Oils, Physique Company, Naqi, Songbird, Clarins.

June 2021 - Present - Holistic Massage Spa Therapist at Harbour Hotel, Richmond, London, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

- Providing high-quality service at the five-star hotel for VIP and membership clients.
- Performing various types of therapeutic massages and treatments
- Drive referrals from TEMPLESPA, products increased sales, and excellent client service and feedbacks.
- Provide suitable aftercare and home care for our clients.

Products worked with:

TEMPLE SPA, HarSpa, LavaShells.

June 2019 - December 2020 - Travel SPA Therapist at ELEMIS, London Heathrow Airport , UK - United Kingdom, (Hotel Spa)

Duties included:

- Providing an outstanding level of client care.
- Carry out the highest quality of treatments at ELEMIS Travel SPA for First Class British Airways Airlines.
- Performing various types of therapeutic massages.
- Using the most modern equipment and methods for rejuvenating, beautifying, and calming by BIOTEC Technology.
- Drive referrals from ELEMIS products increased sales, and excellent client service and feedbacks.
- Provide suitable aftercare.

Products worked with:

ELEMIS, Dermalogica, KAESHO, Aromatherapy Oil's, STEREX, Agara, Priador, NYX Cosmetics, OPI, L'Oreal Luxe, Elite Associates.

Education and Qualifications:**2021 The CPD Certification Service London**

- Cardiopulmonary Resuscitation (CPR) and Basic Life Support (BLS) Level 2, Patient Manual Handling Level 2

2019 London College Of Beauty Therapy.

Diploma Beauty Therapy & Massage Therapy Level 3

- Working with colleagues within the beauty-related
- Monitoring and maintain health and safety practices in the salon
- Client care and communication in beauty-related industries
- Promote and sell products and services to clients
- Provide body Massage, Aromatherapy Massage
- Provide facial and body electrotherapy treatments
- Provide Electrical Epilation
- Provide microdermabrasion techniques

2018 GatewayWorkshops - London

RASA Practitioners Diploma In Reiki and Seichem Healing Parts 1 and 2 and Violet Flame - Training College for Massage, Beauty & Healing /

Reiki and Seichem Healing Parts 1 and 2 and Violet Flame.

2018 London College Of Beauty Therapy.

Diploma in Beauty Therapy Level 2

- Working in the beauty-related industries.
- Follow health and safety practices in the salon.
- Client care and communication in beauty-related industries.
- Provide facial skincare.
- Promote products and services to clients in the salon.
- Remove hair using waxing techniques.
- Provide manicure and pedicure treatments.
- Apply make-up.
- Provide eyelashes and eyebrow treatments.
- Create an image based on a theme within the hair and beauty sector.
- Salon reception duties.

2014 West Thame College London.

VTCT Level 3 Diploma in Swedish Massage

- Monitor and maintain health and safety practice in the salon
- Provide body massage
- Client care and communication in beauty-related industries

2004 National Higher Vocational University, Poland

(BSc) Bachelors of Physiotherapy

Provide outpatient orthopedics, manual therapy, therapeutic exercises, sports massage, and other types of therapeutic massage to return to sports or normal life in various cases and with mechanical and non-mechanical injuries of the body. Monitoring and compliance with health and safety practices.

2004 Polish University, Bio-Relax, Poland

Therapeutic Massage Level 4

Therapeutic Massage (IV Degree), Bio-relax / Physiotherapy.

- Theory and Practice of Rhythmic Relaxation Massage.
- Theory and Practice of Ear and Hand Reflexotherapy.
- Posture Defects - Diagnosis and Treatment.
- Manual Therapy in Various Kinds of Scoliosis.
- Clinical Test in Examination of Bones, Joints, and Muscles.
- Treatment of Cerebral Palsy - The Voita and Doman Method

Product Training:

August 2019

The training included all ELEMIS products, for face and body care, aim to rejuvenate, beautifying, and calming our skin, and enjoy providing holistic services to improve health well-being for our clients.

I was trained by Claire Verillo in ELEMIS Traning Academy, 62-64 Farringdon Road, EC1R 3GB, London.

The best and the most effective product for our clients is Pro-Collagen Cleansing Balm for facials and all types of skin: Deep Cleanses, Softens, Nourishes, Soothed the skin.

Vocational Qualifications

- Cardiopulmonary Resuscitation (CPR) and Basic Life Support (BLS) Level 2
- Patient Manual Handling Level 2
- A camp counselor

Hobbies and Interests

I like to invest in all creative things, courses, and science. I enjoy learning about many different holistic practices, methods, and cultural approaches that aim to improve healthy well-being and a good lifestyle. I like listening to music, meditate, hiking, dance, DJ. That gives me amazing energy and strength in everyday life.

CV created at www.spastaff.com

SPA STAFF. COM
