

# Curriculum Vitae

**Female**

**D.O.B. 28 March 1997**

**Number of years working in industry: 5 years 6 months**

**Candidate ID Number:** 84979

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Assistant Manager, Head Therapist, Senior Therapist

## Personal Statement

I would like think i am very personable and kind person. I get along well all different types of people. I work well within a team, however i can step up and take control or deliver my viewpoints on a situation if necessary. I am confident and enthusiastic about my work and always put in 100%.

Seeking work in national locations

## Employment History:

**February 2020 - March 2020 - Beauty Therapist** at (most recent employer hidden for confidentiality) Auchterarder, UK - United Kingdom, (5 Star Hotel Spa)

### Duties included:

My Last agency assignment was at Gleanagles Spa in Scotland. As an agency therapist i had to be able to adapt well to new enviroments and be prepared to learn new things quickly and efficently. For example, within the spa their chosen product brand is ESPA a brand i had never worked with. Having had an intese hours training on the basics treatments and gleneagles touches i was able carry out the procedures confidently, in order to be consistent with their high standards. Not only did i perform 5\* standard treatments i also provided my guests with 5\* customer service.

### Products worked with:

ESPA

**Career Break** - Job hunting

**November 2019 - February 2020 - Spa Manager** at Mark Warner, Tignes, France, UK - United Kingdom, (5 Star Hotel Spa)

### Duties included:

Due to the spa only opening in the winter i had the freedom to set up and organise the salon myself. Much like in the summer my main responsibilites were stock taking, carrying out 5\* treatments and providing 5\* customer service to my guests. I had accounts till fill in at the end of everyday and then reconciliation sheet to complete at the end of every week. However, I had additional responsibility in the winter season and was also incharge of the everyday running of the spa area, which included a hydrotherapy pool, saunas, steam rooms and a gym.

### Products worked with:

Elemis and CND

**Career Break** - Job hunting

**May 2019 - October 2019 - Salon Manager** at Mark Warner, Lemnos, Greece, Greece, ( Hotel Spa)

**Duties included:**

Due to the spa only opening in the summer i had the freedom to set up and organise the salon myself. My main responsibilities were stock taking, carrying out 5\* treatments and providing 5\* customer service to my guests. I had accounts till fill in at the end of everyday and then reconciliation sheet to complete at the end of every week. I had another therapist working along side me therefore i had to create a rota for the two of us to ensure maximum efficacy for the business.

**Products worked with:**

Elemis, CND, OPI

**September 2017 - May 2019 - Beauty Therapist** at Devonshire Spa, Buxton, UK - United Kingdom, (Day Spa)

**Duties included:**

I worked at the Devonshire Spa along side my studies at university. It started off as a work placement and then progressed to part time work a couple of times a week. My role there was to provide a high quality of service in everything i did. I would mostly work on the treatment side, however i did use to have reception shifts working with the Premier systems.

**Products worked with:**

Comfort Zone, Caudalie and Ishga

**December 2017 - January 2019 - Beauty Therapist** at Ragdale Hall, Melton Mowbray, UK - United Kingdom, (Health Club)

**Duties included:**

My role at Ragdale Hall was a christmas intern which i secured through my university. I was picked out of many that applied for the role. For the most part I was apart of the spa therapist team, again providing the 5\* treatments and customer service. As well as this i was also able to experience different areas of the business such as, the customer facing reception, shadowing the bookings team, helping out in the HR department and also experiencing early and late duty manager shifts along side a member of the management team.

**Products worked with:**

Elemis, OPI and very basic training of Jennifer Young and Spa Finder

**Career Break** - Training - industry-related

**June 2018 - September 2018 - Beauty Therapist** at Mark Warner, Kos, Greece, Greece, ( Hotel Spa)

**Duties included:**

My main duties were to perform treatments and provide customer service at the highest standard possible. My manager would also entrust me to help with stock taking and also input my ideas into offers and promotions. This is where i began to feel more confident with my retailing.

**Products worked with:**

Elemis, CND, OPI

**Career Break** - Training - industry-related

**April 2016 - September 2016 - Massage Therapist** at Waterhead Rugby Club, Oldham, UK - United Kingdom, (Home/Mobile)

**Duties included:**

Once a week after the club's rugby training finished, I would have around 2-3 hours worth of massaging time at the club. I always had between 2 and 5 people every week. This would be mostly sports massage type techniques as well as deep tissue and Swedish.

**November 2014 - September 2016 - Beauty Therapist** at Beautiful, Oldham, UK - United Kingdom, (High Street Salon)

**Duties included:**

My main job when I first started at the salon was to carry out beauty treatments. However, the manager/owner of the Salon went on maternity leave and I took over the management side of the business as well as continuing my beauty therapists' duties. This gave me the chance to challenge myself by creating new offers and treatments for the clients. Due to having more responsibilities I was able to improve my organizational skills and effectively prioritize and understand the importance of certain tasks.

**Products worked with:**

Thalgo, Jessica

**August 2013 - May 2014 - Beauty Therapist** at Face and Body Shop, Oldham, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

I started at the Face and Body Shop before I started my college course in Beauty Therapy. Firstly, I was doing tasks such as the laundry, beverages for the guests and shadowing other therapists. Once I was more knowledgeable through the help of my work experience and my college course I was added to the rota and I performed treatments such as facials, manicures and pedicures to a high standard.

**Products worked with:**

Clarins, Guinot, CND

**Education and Qualifications:****2019 The University of Derby, Buxton**

BSc Hons International Spa Management

A management based degree focusing on the spa industry.

Practical lessons included: Pregnancy massages, wraps and scrubs, more skilled types of treatments using products such as acids, Himalayan salt rocks, and case studies for these treatments

**2016 Central College of Health and Beauty Leeds**

ITEC Level 3 Diploma in Sports Massage Therapy

Sports massage therapy

More in-depth anatomy and physiology, all different sports massage techniques

**2015 Central Manchester College of Health and Beauty**

VTCT Level 3 Diploma in Beauty Therapy

Beauty Therapy:

Massage such as; Swedish, deep tissue, aromatherapy, Indian head, lymphatic drainage and hot stones

Facial electrical such as; high frequency, galvanic, faradic and microcurrent

Anatomy and physiology

**2014 Central Manchester College of Health and Beauty**

VTCT Level 2 Diploma in Beauty Therapy

Beauty Therapy:

Facials- dermalogica, manicures, pedicures, gel overlays, threading, make-up, eye brow and eyelash treatments.

Anatomy and physiology

**2013 Saddleworth School**

7 GCSE including grade C in english, maths and science.

**Product Training:**

**May 2018 Elemis**

Elemis Academy of Excellence, Birmingham

Free Style Deep Tissue Massage

Hands on Face and Eyes

Peaceful Pregnancy Massage

**April 2015 Thalgo**

Beautiful, a salon in Oldham

Marine Spa Face

**Vocational Qualifications**

In 2017 i gained my basic and emergency first aid.

I have basic understanding of Excel

**Hobbies and Interests**

I enjoy running, going to the gym, walking my dogs and exploring the outdoors and other countries. I also love to listen to my audiobooks, podcasts and all different types of music.

CV created at [www.spastaff.com](http://www.spastaff.com)

