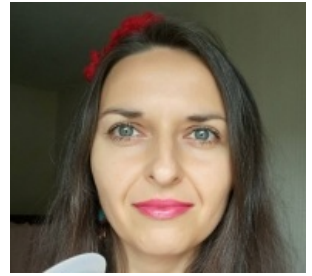


# Curriculum Vitae

**Female**

**Number of years working in industry:**

**13 years 3 months**



**Candidate ID Number:** 80158

**Nationality:** Czech

**Language Skills:**

Fluent: English

Good: French

Basic: Portuguese, German, Spanish, Russian

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Spa Co-ordinator, Assistant Manager, Head Therapist, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist, Yoga / Pilates Teacher

## Personal Statement

"Be the change that you wish to see in the world." ~ Mahatma Gandhi

Seeking work in international locations

## Employment History:

**November 2012 - Present - Head Therapist** at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Day Spa)

### Duties included:

- Running Accurate Clients Database & Treatment Records
- Organising Bookings
- Handling Payments
- Controlling Stock
- Demonstrating Care about Individual's Needs
- Developing Long-term Relationships with Clients
- Providing A Consistently High-Quality Experience for Clients
- Marketing
- Advertising on Social Media

### Products worked with:

- Lakshmi Italy
- Young Living
- Neal's Yard Remedies
- Ila

## Education and Qualifications:

### 2012 Ayurveda Pura Academy London UK

Diploma in Ayurvedic Therapies Certificate in Yoga Teacher Training Certificate in Sound Therapy

- Abhyanga (Traditional Ayurvedic Full Body Massage)
- Back Massage
- Foot Massage
- Facial Massage

- Hand Massage
- Head Massage
- Abdominal Massage
- Marma (Energy Points) Full Body Massage
- Shirodhara (Forehead Oil Flow Treatment)
- Pinda Sveda (Herbal Bolus) Full Body Massage
- Udvartana (Herbal Body Scrub & Full Body Massage)
- Akshiptarpana (Eye Treatment)
- Nasya (Nasal Cleansing Treatment)
- Karnapurna (Ear Treatment)
- Kati Basti (Lower Back Treatment)
- Hridaya Basti (Heart Area Treatment)
- Pregnancy Massage
- Ayurvedic Yoga Massage (Full Body Massage Deep Tissue)
- Sound Therapy - Vibro-Acoustic Massage with a Tibetan Singing Bowl
- Yoga (Hatha RT200)

## Product Training:

**September  
2019** **Lakshmi Italy**

In-house training in Lakshmi UK London spa

- Lakshmi Art Reum Deep Tissue
- Lakshmi Sensitive Skin Facial
- Lakshmi Garshan Body Scrub
- Lakshmi Anti Age Facial with Crystals & Marma Points
- Lakshmi Detox Treatment
- Lakshmi Lymphatic Drainage Massage
- Lakshmi Sweat Treatment in Swedana Box

## Vocational Qualifications

- Account Management
- Invoicing
- Microsoft Office
- SAP
- 10-Day Vipassana Meditation Introductory Course
- An Introduction To Pregnancy And Postnatal Yoga
- Certificate in Anatomy & Physiology
- Certificate in Ayurveda & Pregnancy
- Certificate in Ayurveda for Women
- Certificate in Ayurvedic Pulse Diagnosis - Basics
- Certificate in Ayurvedic Yoga Massage
- Certificate in Tongue Diagnosis
- Certificate in Yoga Teacher Training
- Conflict Management Training
- Customer Service Fundamentals Training
- Excel Course - Intermediate
- Excellence in Teamwork Training
- Teaching English as Foreign Language (TEFL)

## Hobbies and Interests

- Yoga
- Travelling
- Walking

CV created at [www.spastaff.com](http://www.spastaff.com)

