

Curriculum Vitae

Female

D.O.B. 23 April 1991

Number of years working in industry:

9 years 9 months



Candidate ID Number: 79653

Nationality: Russian

Language Skills:

Fluent: English, Russian

Permitted to work in: UK - United Kingdom, Russia

Position Sought: Spa Consultant, Spa Co-ordinator, Assistant Manager, Yoga / Pilates Teacher, Receptionist

Personal Statement

I am excited to work in a health and wellness role so that I can help others feel their best. I think paying attention to and caring for your body is essential to a happy life!

Seeking work in international locations

Employment History:

March 2020 - Present - Yoga / Pilates Teacher at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Home/Mobile)

Duties included:

I provide personalised yoga lessons specialising in Hatha, Vinyasa and Yin, creating flows, giving adjustments and personal care.

Career Break - Training - industry-related

May 2016 - September 2020 - Flight Attendant at Emirates Airline, Dubai, UAE, (Cruise Ship)

Duties included:

-Business Class – Cabin Crew

-Business Promotion Team

-Representative Economy Class – Cabin Crew:

- Provided superior level of customer service in all flight environments
- Demonstrated consistently high level of positivity and energy with all customers
- Collaborated with employee teams that varied by flight
- Responsible for duty free sales and achieving sales targets Impeccable Presentation & Brand Promotion
- Participated in promotional events; represented Emirates during sporting & other events
- Supported Emirates voluntary HR programs; participated in forums on employee satisfaction and customer service challenges

Education and Qualifications:

2020 YogaUnion, Bali

Yoga certification

Yoga

2020 Rishikesh Yougpeeth

Yoga certification

I have studied Yoga anatomy and philosophy and received multiple certifications: Hatha, Ashtanga-Vinyasa and Yin Yoga (deep stretching).

2014 Siberian Transport University

Vocational Qualifications

First Aid qualification/certification was obtained when I worked for Emirates Airlines (2016-2019)

Hobbies and Interests

I love yoga, reading, dance and a healthy lifestyle. I think paying attention to and caring for your body is essential to a happy life!

CV created at www.spastaff.com

