

Curriculum Vitae

Female

D.O.B. 24 May 1975

Number of years working in industry:

16 years 0 months



Candidate ID Number: 77878

Nationality: Portuguese

Language Skills:

Fluent: English, Portuguese

Good: French, Italian

Basic: Spanish

Permitted to work in: European Union

Position Sought: Spa Consultant, Salon Manager, Spa Co-ordinator, Assistant Manager, Massage Therapist, Holistic Therapist, Complementary Practitioner, Receptionist

Personal Statement

Seeking work in national and international locations

Employment History:

September 2016 - September 2020 - Spa Consultant at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

Facial acupuncture, Ito thermie, Japanese facial rejuvenation massage

September 2004 - September 2006 - Assistant Manager at Health administration of Porto region, Porto, Portugal, (Hospital / Medical Clinic)

Duties included:

Assisting with budget preparation and management, accounts reconciliations and preparation of financial reports.

Career Break - Training - industry-related

Education and Qualifications:

2024 Northern College of Acupuncture

Master degree On going. Will be certified in 2026.

Chinese herbal medicine

2020 University of Westminster

Bachelor degree

Chinese medicine acupuncture

2016 Dr Shogo Mochizuki

Level 2

Kobido Japanese face massage

2015 Bridget Woods Kramer

Certificate

Anusara Yoga Teacher Training

2014 Irina Kotlar, UK

Certificate

Esogetics colourpuncture

2012 Institut MÛ TERRE

Certificate

Ito thermie

1999 Economic faculty of Porto University

University degree

Management

2020 University of Westminster

Bachelor degree in Chinese Medicine acupuncture

1999 Economics faculty of Porto'S University

Bachelor degree in Management

Vocational Qualifications

Dive master.

yoga teacher

gyrotonic

Hobbies and Interests

Yoga, meditation, holistic therapies, swimming, trekking, sailing, canoeing, diving. Dance, drawing, painting, reading, cinema, theatre, music, opera, travelling

CV created at www.spastaff.com

