

# Curriculum Vitae

**Female**

**D.O.B. 15 August 1982**

**Number of years working in industry: 9 years 1 month**

**Candidate ID Number:** 74987

**Nationality:** British, South African

**Language Skills:**

Fluent: English

Good: Afrikaans

Basic: German

**Permitted to work in:** UK - United Kingdom, South Africa

**Position Sought:** Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist

## Personal Statement

Polite and well polished holistic therapist looking to grow in a leadership and training role. Spa Therapy is a passion and feeds my soul.

Seeking work in international locations

## Employment History:

**July 2019 - Present - Senior Therapist** at (most recent employer hidden for confidentiality) Weybridge, Surrey, UK - United Kingdom, ( Hotel Spa)

**Duties included:**

- To carry out treatments to the highest standard such as: massage, deep tissue massage, hotbhot stone massagesmassage, scalp massage, facials, manicures, pedicures, tinting and waxing
- Cleaning of treatment rooms and their showers
- Enjoyed helping with stock take and reception duties

**Products worked with:**

Caudalie

Jennifer young

OPI

**July 2016 - December 2016 - Freelance beauty/massage therapist** at Charlene Hogan Skin and Body technologist, Johannesburg, South Africa, South Africa, (Skin Clinic)

**Duties included:**

- Facials
- Manicures
- Pedicures
- Massage
- Tinting

**Products worked with:**

- Environ
- Essie

**Career Break** - Had children, studied Reflexology, music theory and piano

**January 2006 - February 2007 - Senior Therapist** at Camelot Spas, Johannesburg, South Africa, (5 Star Hotel Spa)

**Duties included:**

- Massage including Hawaiian, hot stone, eastern herbal, deep tissue, swedish
- Facials
- Manicures
- Pedicures
- Body scrubs and wraps
- Waxing
- Tinting
- Enjoyed helping with stock take and reception duties including freshening up product displays and storage cupboards

**Products worked with:**

- Thalgo
- Jessica

**July 2004 - July 2005 - Holistic Therapist** at Cowley Manor, Cheltenham, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

- Massage including aromatherapy, deep tissue, hot stone, scalp.
- Facials
- Manicures
- Pedicures
- Waxing

**Products worked with:**

- Pure Alchemy/Therapie
- Jessica

**Education and Qualifications:**

**2005 Janelle College, Camelot, International School of Reflexology and Meridian Therapy**

CIDESCO, ITEC, CIBTAC, SAAHSP

- Hot Stone Massage
- Hawaiian Massage
- Eastern Herbal Massage
- Reiki
- Currently studying Crystal healing

**2009 The International School of Reflexology and Meridian Therapy**

- Finished only 1st year Reflexology therefore certificates withheld

**2002 Janelle College**

- ITEC Anatomy and Physiology, Beauty therapy, Aromatherapy
- CIBTAC Aromatherapy
- Diploma in Facials including electricals, Slimming treatments, beauty treatments, make-up, manicures, pedicures, Indian head massage, Swedish massage, deep tissue massage, aromatherapy, anatomy and physiology

**Product Training:**

**July 2020 Environ, Gatineau, Ahava, Thalgo, Jennifer Young, Caudalie**

Mainly Johannesburg, South Africa, also UK

- Environ Facials and sales
- Gatineau Facials and sales
- Ahava Facials and sales
- Thalgo Facials, body treatments and sales
- Caudalie Facials, body treatments and sales
- Jennifer Young Facials, body treatments and sales

## **Vocational Qualifications**

- Lvl 3 First Aid
- ABRSM theory and piano

## **Hobbies and Interests**

- Dance
- Swimming
- Rambling
- Reading
- Studying
- Spiritual Growth
- Baking decorating special occasion cupcakes and cakes
- Adventures

CV created at [www.spastaff.com](http://www.spastaff.com)

