

Curriculum Vitae

Female

D.O.B. 21 October 1966

Number of years working in industry:

13 years 7 months



Candidate ID Number: 74542

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: Hong Kong, UK - United Kingdom

Position Sought: Spa Manager, Holistic Therapist

Personal Statement

I am a diverse creative, organized, and self-motivated individual. I have a broad set of skills which has allowed me to transfer my career from freelance consultancy design running my own business, and co-working on businesses in other industry fields. Wellness, TV, and events.

I'm intuitive with team members and clients. I have the ability to nurture and build a strong team spirit almost staff.

Back in 2012, I started my journey into the Holistic field. Managing a holistic wellness center in Hong Kong was my introduction to many modalities which in turn inspired me to develop my self-awareness and self-connection. I took the role as GM at The Sanctuary HK, with its many visiting and resident practitioners, this became my fast track into Holistic Wellness. This is when I discovered my own practice, and I evolved and combined therapies.

I currently facilitate from Balance Health and Enhale in Hong Kong. I have started to expand my services to Wellness resorts as a Visiting Practitioner, the first being Chiva Som International Health Resort in Hua Hin Thailand. Chiva-Som was named the 'Best Destination Spa' in Condé Nast Traveller The Spa Awards 2020.

Seeking work in national and international locations

Employment History:

February 2020 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Hua Hin, Thailand, (5 Star Hotel Spa)

Duties included:

- This was a Visiting practitioner role for a month.
- Engage Clients
- Working with the Retreat advisers
- Meditation Classes
- Talks
- Treatments
- Room management

Products worked with:

Essential Oils

Crystals

July 2017 - February 2020 - Holistic Therapist at Balance Health HK, Hong Kong, Hong Kong, (Day Spa)

Duties included:

I stood in as their Operations Manager, this a wellness center offering Holistic treatments - My role also covered- Customer service, Sells of product, booking therapist, and TCM therapist, and managing Visiting practitioners, room management, events, and workshops management. Essential oils adviser. Rota. Hosting meditation classes.

I am still a therapist with them.

Products worked with:

Essential Oils

Crystals

July 2012 - July 2017 - Holistic Therapist at The Sanctuary HK, Hong Kong, Hong Kong, (Day Spa)

Duties included:

- The Sanctuary HK, this a wellness center offering Holistic treatments - Customer service, Sells of product, booking therapist, and managing Visiting practitioners, room management, events management. Essential oils adviser. Operations Manager, Rota.
- I developed my skills as a therapist and started my practice at the center.

Education and Qualifications:**2020 Centre for Aromatherapy Research and Education**

Certified

- The Science of Ayurveda Aromatherapy- an insight into vibrational medicine and subtle energy.
- Access Consciousness- The Bars.
- Mediumship
- Trans- mediumship
- Certified Care- Raindrop Technique Therapist.
- Magnified Healing
- Management course- Certificated

1988 Salford University

Degree

Fashion Design at Salford University

1984 Priory School

6 C.S.E.

3 G.C.E.

Product Training:

October 2017

Young Living essential oils, I'm a certified Raindrop Technique Therapist

Trainer- Sek Jen

Centre for Aromatherapy Research and Education

Singapore

History Of Anointing with Oils

Applied Vitaflex and massage techniques used in Raindrop Technique

Essential Oil Chemistry

Emotional Release Therapy

Vocational Qualifications

- CAD design
- Microsoft Office
- Soul Realignment- Reading of the Akashic records

Hobbies and Interests

- I have traveled extensively for work and pleasure
- I enjoy Hiking and I use to climb.
- I trained as a dancer.
- I currently practice Yoga
- Self-development is a continuing vocation.

CV created at www.spastaff.com

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