

Curriculum Vitae

Male

D.O.B. 09 March 1982

Number of years working in industry:

10 years 9 months



Candidate ID Number: 72129

Nationality: Mauritian

Language Skills:

Good: English, French

Basic: Hindi

Permitted to work in: Mauritius

Position Sought: Fitness Professional, Yoga / Pilates Teacher

Personal Statement

My best quality is I am always open to a learning and practicing process. My life goal is to be able to work and climb the life ladder to help me and my family in every way

Seeking work in international locations and cruise ships

Employment History:

May 2015 - Present - Fitness Professional at (most recent employer hidden for confidentiality) Curepipe , Mauritius, (Health Club)

Duties included:

Start as receptionist in space fitness ltd (account and administrative work),then I start have a passion for fitness ,I start doing fitness trainee coach as part time (overall coaching).i keep going in doing my cycling certifications(cycling class on space fitness) and pilates certification (pilates and mixed yoga in my part time studio).

Education and Qualifications:

2020 Mad dogs atheletics- spinning instructor. Hfpa academy South Africa - pilates instructor. Fitness/nutrition/meditation - new skill academy Certificate

Spinning /indoor cycling certification Pilates certification. Fitness instructor certification. Nutrition and hydration certification Psychic certification Crystal healing certification Meditation certification Mindfulness in progress

2000 Dav college/st bartholomews college

Vocational Qualifications

Fellowship firstaider certification Hairdresser diploma

Hobbies and Interests

Cycling/Pilatesyoga /meditation/fitness training/outdoor training /music of healing and relaxation/ nature walking/traveling and discovering .

CV created at www.spastaff.com

