

# Curriculum Vitae

**Female**

**D.O.B. 03 January 1971**

**Number of years working in industry: 11 years 11 months**

**Candidate ID Number:** 70035

**Nationality:** British

**Language Skills:**

Fluent: English, French, Arabic

Basic: Spanish, Italian

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist

## Personal Statement

Each and everyone of us is born with a gift, the body's ability to heal itself.

My ultimate goal as a therapist is to show people the way to tap into that innate power and to improve their health, their quality of life. the power of thought.

Seeking work in national and international locations and cruise ships

## Employment History:

**July 2014 - Present - Holistic Therapist** at (most recent employer hidden for confidentiality) york, UK - United Kingdom, (Home/Mobile)

### Duties included:

- performing one to one consultation
- performing acupuncture treatment
- giving advice on nutrition and diet
- performing reflexology
- performing auricular acupuncture
- performing deep tissue massage/sports injury
- performing cupping
- performing moxa treatments
- performing guasha beauty treatments
- performing cosmetic non-surgical facial acupuncture face-lift
- performing lymphatic drainage
- performing body wrap
- hygiene responsibilities

**March 2014 - Present - Holistic Therapist** at The Thorpe Park Hotel, Leeds, UK - United Kingdom, (5 Star Hotel Spa)

### Duties included:

As above

**July 2014 - Present - Holistic Therapist** at self employed, york, UK - United Kingdom, (Home/Mobile)

**Duties included:**

- performing one to one consultation
- performing acupuncture treatment
- giving advice on nutrition and diet
- performing reflexology
- performing auricular acupuncture
- performing deep tissue massage/sports injury
- performing cupping
- performing moxa treatments
- performing guasha beauty treatments
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**March 2014 - Present - Holistic Therapist** at The Thorpe Park Hotel, Leeds, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

As above

**July 2014 - Present - Holistic Therapist** at self employed, York, UK - United Kingdom, (Home/Mobile)

**Duties included:**

- performing one to one consultation
- performing acupuncture treatment
- giving advice on nutrition and diet
- performing reflexology
- performing auricular acupuncture
- performing deep tissue massage/sports injury
- performing cupping
- performing moxa treatments
- performing guasha beauty treatments
- performing cosmetic non-surgical facial acupuncture face-lift
- performing lymphatic drainage
- performing body wrap
- hygiene responsibilities

**March 2014 - Present - Holistic Therapist** at The Thorpe Park Hotel, Leeds, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

As above

**Education and Qualifications:**

**2020 The northern college of Acupuncture**

Degree

Chinese medicine and acupuncture

**Vocational Qualifications**

- visual arts degree
- Medical Qigong diploma
- Shiatsu (basic )

- NLP (basic)
- quantum physics (very basic)
- Yoga (basic)

## Hobbies and Interests

- Yoga and meditation
- Qigong
- Painting
- Walking

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