

# Curriculum Vitae

**Female**

**D.O.B. 12 July 1992**

**Number of years working in industry:**

**11 years 1 month**



**Candidate ID Number:** 69998

**Nationality:** Lithuanian

**Language Skills:**

Fluent: English, Lithuanian

Basic: Spanish, Russian

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Senior Therapist, Beauty Therapist, Massage Therapist, Holistic Therapist, Physiotherapist

## Personal Statement

Do what you love and love what you do! Im training and educating myself in order to help more people!

Seeking work in international locations

## Employment History:

**November 2017 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Day Spa)

### Duties included:

Obtain detailed histories from clients , including information about any injuries or conditions, design sessions around clients specific complaints or problematic areas, suggest massage schedules for recurring sessions.

### Products worked with:

Natura Bisse, Dermaquest

**March 2022 - Present - Beauty Therapist** at Aura Esthetic clinique, Kaunas, Lithuania, (Skin Clinic)

### Duties included:

Consult clients to understand their desires and expectations for their chosen treatment, perform various treatments such as facials, skin peels, facial massages. Make recommendations on other services that will improve the look of clients skin.

### Products worked with:

Noon aesthetics, Gemology, Hydrafacial, PRX-T33, Biologique recherche

**January 2015 - February 2022 - Physical therapist** at Fizinės gerovės centras , Kaunas, Lithuania, (Hospital / Medical Clinic)

### Duties included:

Obtain detailed histories from patients, including information about any injuries or conditions, design treatment sessions around patients specific complaints or problematic areas, suggest physical therapy schedules for recurring sessions

**May 2017 - August 2017 - Massage Therapist** at Spa Shanti, Vilnius, Lithuania, (Day Spa)

**Duties included:**

Ayurvedic treatments (abhyanga, shirodhara)

**Products worked with:**

Ayurvedic oils

**Education and Qualifications:**

**2015 Lithuanian Sports University ISPADO OMT training (London College of osteopathic medicine) Beauty therapist studies in progress**

BA

Physiotherapy, Mulligan practitioner, physiotherapy in water, swedish massage, ayurvedic treatments, hot stone massage, cupping therapy, post isometric relaxation, myofascial massage, face massage(lifting, lymphatic drainage), medical acupuncture, anti-cellulite massage.

**2022 Karalius Mindaugas Vocational Training Centre**

Beauty therapy

**Product Training:**

**April 2022 Gemology**

Kaunas, Lithuania

Facials

**March 2022 NOON AESTHETICS**

Kaunas, Lithuania

Facials

**Vocational Qualifications**

Medical coding

**Hobbies and Interests**

Dancing, travelling, cooking, healthy lifestyle, interior design

CV created at [www.spastaff.com](http://www.spastaff.com)

