

# Curriculum Vitae

**Female**

**D.O.B. 19 January 1977**

**Number of years working in industry:**

**26 years 7 months**



**Candidate ID Number:** 68134

**Nationality:** Lebanese

**Language Skills:**

Fluent: English, French, Arabic

**Permitted to work in:** Lebanon

**Position Sought:** Spa Consultant, Regional Senior Manager, Spa Director, Spa Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Fitness Professional, Doctor Physical therapist osteopath acupuncturist and spa manager

## Personal Statement

Seeking work in national and international locations and cruise ships to share my 23 years of experience and giving a lot of my knowledge

## Employment History:

**July 1999 - Present - Doctor head of department and Clinical Trainer** at (most recent employer hidden for confidentiality) Lebanon, Lebanon, (Day Spa)

### Duties included:

- for training students (Sagesse University) for physiotherapy taking care of In Patients and Out Patients in different fields (Orthopedic, Sports Injuries, Neurology, Psychiatry, Geriatrics, Cancer Center ...), and responsible of Accreditation.
- Clinical Trainer for Doctors on PRFP and Mesotherapy treatments.
- Physiotherapy, Pediatric Kinesitherapy, Osteopathy, Perineal Reeducation,
- Women's Health Physiotherapy, Respiratory Physiotherapy, Sports Physiotherapy, Massages
- (Jet Lag, Foot, Hot Stones, Herbal Ball and Thai Massage).
- Laser Treatment.
- Mesotherapy, (Pain Relief, Fat Burning...), PRP & PRFP (Pain Management,
- Tendinitis...)
- Endermology (Cellulite Treatment)

**July 1999 - Present - Spa Manager** at Dr. Micheline Rizk Clinic, Lebanon, Zgharta, Lebanon, (Hospital / Medical Clinic)

### Duties included:

I was doctor manager chief department of physiotherapy and osteopathy medical center and spa

Responsible for all kinds of treatment skin therapy trainer for the staff...

Responsible for marketing weekly monthly and annually budgeting and for accreditation

### Products worked with:

World team at Herbalife Company (Herbalife Products) and mesotherapy products

**January 2011 - Present - Spa Manager** at Middle East Institute of health, Lebanon, Lebanon, (Hospital / Medical Clinic)

**Duties included:**

Doctor trainer head of department of medical center

**Products worked with:**

I was head of department for medical center and manager for spa responsible for special treatments training for the staff tele marketing supervising budgeting weekly monthly and annually and responsible for accreditation responsible for communication coordination and leadership for development program

With all computer skills

**Education and Qualifications:**

**2022 Saint Joseph university in Lebanon**

Doctor manager and leader

**2004 Saint Joseph University**

Doctor Manager

- II (Fanar - Beirut), Department: Physiotherapy (June 1999).
- D.I.U. (Diploma Inter Academic) in Pediatric Kinesitherapy: Rene Descartes University - Paris V, (December 2001).
- Master in Osteopathy and Manual Therapy: Saint - Joseph University, Medical Science Faculty, (July 2004), Pediatric Osteopathy.
- CO Osteopathy: Osteopathic Practice Certificate (Visceral Osteopathy,
- Pediatric Osteopathy, Cranial Osteopathy, ORL Osteopathy ....) - Institute of
- Higher Formation in Osteopathy, IFSO - VICHY - CLERMONT - FD &
- 5 PATH basic hypnotherapy certificate from Calvin banyan institute California, USA.
- 5 PATH MASTER hypnotherapist from Calvin banyan institute California, USA.
- 7th PATH self-hypnosis teacher from Calvin banyan institute California, USA.
- Certificate of Appreciation from Eroc - MCI group - UAE (January 2018)
- Mesotherapy: cellulitis And Anti - Aging Treatment.
- Specialization: Skin Care, Technical School Y.W.C.A. - Tripoli (June 2007).
- Acupuncture - Saint - Joseph, Medical Science Faculty & Tianjin University (2009 - 2012).
- Intensive theoretical and clinical course on cellulites treatment of Aesthetic Dermal in Beirut - July 2004.
- Intensive theoretical and clinical course on Anti - Aging treatment of Aesthetic Dermal in Beirut - July 2004.
- The Latest Technique in Mesotherapy without injection: Pain management and Cellulites - September 2005.
- Ying Yang Concept - Latest Slimming Technology - September 2005.

**1999 Lebanese university saint Joseph university, vichy clermont France, calvin banyan institute California university of tianjin china for acupuncture and YWCA Institute for esthetic and akin therapy**

Doctor Physiotherapy Master Osteopathy

DiU Pediatric treatment and acupuncture

Master hypnosis

Master osteopathy and master hypnosis

Certificate for skin therapy meotherapy meolift and carboxytherapy

**Product Training:**

**March 2004**

**Herbalife mesotherapy**

Lebanon cyprus Greece

All kinds of treatments

**Vocational Qualifications**

Word, Excel, Power Point, Access, Photoshop

## **Hobbies and Interests**

Swimming dancing yoga

CV created at [www.spastaff.com](http://www.spastaff.com)

