

# Curriculum Vitae

**Female**



**Number of years working in industry:**

**13 years 4 months**

**Candidate ID Number:** 67671

**Nationality:** Estonian

**Language Skills:**

Fluent: English, Estonian

Good: Finnish

Basic: German, Spanish, Russian

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Spa Consultant, Massage Therapist, Spa Therapist

## Personal Statement

Seeking work in international locations

## Employment History:

**April 2018 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Newton Aycliffe, UK - United Kingdom, ( Hotel Spa)

**Duties included:**

Massage therapies and reflexology

**Products worked with:**

Various products from different brands

**April 2007 - January 2010 - Massage Therapist** at Liilia , Tallinn, Estonia, ( Hotel Spa)

**Duties included:**

Massage therapies, Bioresonance therapy and Scenar/Denas Therapy

**Products worked with:**

Various products and brands

**January 2002 - October 2004 - Massage Therapist** at M. I. Massage School as a massage therapist (Self Employed), Tallinn, Estonia, (College)

**Duties included:**

Massage therapies

**Products worked with:**

Various massage and aroma oils from various brands.

## **Education and Qualifications:**

### **2019 BSY**

BSY Level 3

2019 The Professional BSY Advanced Meditation Diploma,  
BSY Registered Advanced Meditation Practitioner Level 3.

### **2019 London Ace Beauty Academy Diplomas**

London Ace Beauty Academy Diplomas, IICT.

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### **2018 VTCT Level 3 NVQ Diploma in Beauty Therapy Massage,**

### **West London School of Beauty.**

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West London School of Beauty.

2018 VTCT Level 3 NVQ Diploma in Beauty Therapy Massage,  
West London School of Beauty.

- Monitor procedures to safety control work operations
- Contribute to the planning and implementation of promotional activities
- Provide body massage treatments
- Provide Indian head massage
- Carry out massage using pre-blended aromatherapy oils
- Provide stone therapy treatments
- Provide self-tanning services
- Contribute the financial effectiveness of the business

### **2018 BSY**

Reflexology BSY Registered Advanced Reflexology Practitioner Level 3.

2018 The Professional BSY Advanced Reflexology Diploma,  
Reflexology BSY Registered Advanced Reflexology Practitioner Level 3.

### **2018 West London School of Beauty Diplomas, With The Guild of Holistic Therapists & The Guild of Beauty Therapists and Professional Beauty Direct.**

West London School of Beauty Diplomas, With The Guild of Holistic Therapists & The Guild of Beauty Therapists and Professional Beauty Direct.

2018 West London School of Beauty Diplomas, With The Guild of Holistic Therapists & The Guild of Beauty Therapists and Professional Beauty Direct.

- Manicures & Pedicures
- Hopi Ear Candling
- Waxing
- Intimate Bikini Waxing
- Sugaring
- Threading

### **2010 China Academy of Chinese Medicine Sciences**

1580 hours.

2010 Diploma from China Academy of Chinese Medicine Sciences, distance learning in English, 2007-2010, 1580 hours.

Basic Theories of TCM, Diagnosis of TCM, Basic Theories of Acupuncture & Moxibustion, Therapeutics of Acupuncture & Moxibustion, Herbology, Formulae of TCM, Therapeutics of Herbal Medicines.

### **2009 Scenar/Denas therapy trainings and diploma, Dynamic Electroneurostimulation Treatment, Corporation DENAS MS**

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2009 Scenar/Denas therapy trainings and diploma, Dynamic Electroneurostimulation Treatment, Corporation DENAS MS

### **2002 H. A. Training**

Bioresonance therapy trainings, certificate as H. A. Practitioner

2013- 2017 REIKI courses and diplomas.

2009 Scenar/Denas therapy trainings and diploma, Dynamic Electroneurostimulation Treatment, Corporation DENAS MS, (in Estonia).

2010 Diploma from China Academy of Chinese Medicine Sciences, distance learning in English, 2007-2010, 1580 hours.

Basic Theories of TCM, Diagnosis of TCM, Basic Theories of Acupuncture & Moxibution, Therapeutics of Acupuncture & Moxibution, Herbology, Formulae of TCM, Therapeutics of Herbal Medicines.

## **2002 M. I. Massage School**

Classical (Swedish) massage courses, basic and advanced

## **Vocational Qualifications**

2007-2010 University of Tartu philosophy and cultural studies.

## **Hobbies and Interests**

Health and wellbeing, recreational sports, Chi Gong and Tai Chi, meditation, Alexander Technique, Yoga, herbs, plants and gardening, music, nutrition and diet, books, art, culture, history, philosophy, nature.

CV created at [www.spastaff.com](http://www.spastaff.com)

