

Curriculum Vitae

Female

D.O.B. 20 September 1967

Number of years working in industry: 12 years 6 months

Candidate ID Number: 66922

Nationality: Portuguese

Language Skills:

Good: English

Basic: German, Spanish, French, Italian

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Massage Therapist

Personal Statement

A professional therapist with a wealth of international experience working within the beauty and leisure industry, confident working alone or equally within a team. During my time in the industry I have worked with thousands of clients providing a wide range of treatments which has allowed me to perfect what I offer and truly become a professional at what I do.

Seeking work in international locations

Employment History:

May 2019 - September 2019 - Spa Therapist at (most recent employer hidden for confidentiality) UK, (5 Star Hotel Spa)

Duties included:

SPA Therapist

November 2017 - May 2018 - Spa Therapist at The Royal Bath Hotel & SPA, Bournemouth, (5 Star Hotel Spa)

Duties included:

My role here is to greet customers, take telephone bookings and face to face bookings using Gladstone MRM as well as providing a range of treatments to clients, offering advice on treatments and promoting products within the Spa

January 2017 - November 2017 - Spa Therapist at Isle of Mull Hotel SPA, Scotland, (5 Star Hotel Spa)

Duties included:

SPA Therapist

December 2015 - December 2016 - Spa Therapist at Lifehouse Hotel Spa, Essex, (5 Star Hotel Spa)

Duties included:

SPA Therapist

September 2016 - December 2016 - Spa Therapist at L'Horizon Beach Hotel & Spa, Jersey, Jersey, (5 Star Hotel Spa)

Duties included:

SPA Therapist

December 2012 - December 2012 - Massage Therapist at Self Employed, Lisbon, (5 Star Hotel Spa)

Duties included:

Massage Therapist/ Physiotherapy Assistant

February 2010 - December 2011 - Spa Therapist at Hotel CS Vintage, Lisbon, (5 Star Hotel Spa)

Duties included:

SPA Therapist

December 2008 - December 2009 - Holistic Therapist at Seven Day Spa, Lisbon, (Day Spa)

Duties included:

Massage therapist

December 2007 - December 2008 - Massage Therapist at Health &Wellness, Lisbon, (5 Star Hotel Spa)

Duties included:

Massage therapist

December 2005 - December 2007 - Massage Therapist at Hotel D. Pedro, Lisbon, Portugal, (Hotel Spa)

Duties included:

- Greeting guests
- Spa tour
- Performing treatments
- Reception cover
- Cleaning
- Waiting
- Promoting spa
- Retail

Products worked with:

- Elemis..espa
- Clarins
- Confort zone
- Isgha
- Decleor

Career Break - Job hunting

December 1999 - December 2003 - Massage Therapist at Carnival Cruise , Cruie Ship, (Cruise Ship)

Duties included:

- Promoting spa
- Cleaning treatment room
- Performing treatments

Products worked with:

Clarins

Decleor

Education and Qualifications:**2001**

Aromatherapy certificate

Face and body certificate

Body wrap certificate

Pregnancy massage certificate

Hot stone massage certificate

1993 Elemis training academy in watford

Massage course in portugal Elemis training in watford Face and body Body wraps Pregnancy massage. Hot stone

Massage therapy-physiotherapy assistant.

Diploma and certificate

Elemis certificate face and body

Aromaspa

Pregnancy massage

Hot stones

Product Training:**December 2001 Elemid**

Elemis academy training in watford.

Also on cruise ships whole working there also in spas

Elemis body and face

Elemis body wraps

Thalgo marine body wraps

Vocational Qualifications

- Waiting job
- Kitchen assistant
- Cleaning

Hobbies and Interests

- Walking
- Swimming

- Tv programs related to spas..travelling

CV created at www.spastaff.com

SPA STAFF.COM

