

# Curriculum Vitae

**Female**

**D.O.B. 20 September 1967**

**Number of years working in industry: 12 years 6 months**

**Candidate ID Number:** 66922

**Nationality:** Portuguese

**Language Skills:**

Good: English

Basic: German, Spanish, French, Italian

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Massage Therapist

## Personal Statement

A professional therapist with a wealth of international experience working within the beauty and leisure industry, confident working alone or equally within a team. During my time in the industry I have worked with thousands of clients providing a wide range of treatments which has allowed me to perfect what I offer and truly become a professional at what I do.

Seeking work in international locations

## Employment History:

**May 2019 - September 2019 - Spa Therapist** at (most recent employer hidden for confidentiality) UK, (5 Star Hotel Spa)

**Duties included:**

SPA Therapist

**November 2017 - May 2018 - Spa Therapist** at The Royal Bath Hotel & SPA, Bournemouth, (5 Star Hotel Spa)

**Duties included:**

My role here is to greet customers, take telephone bookings and face to face bookings using Gladstone MRM as well as providing a range of treatments to clients, offering advice on treatments and promoting products within the Spa

**January 2017 - November 2017 - Spa Therapist** at Isle of Mull Hotel SPA, Scotland, (5 Star Hotel Spa)

**Duties included:**

SPA Therapist

**December 2015 - December 2016 - Spa Therapist** at Lifehouse Hotel Spa, Essex, (5 Star Hotel Spa)

**Duties included:**

SPA Therapist

**September 2016 - December 2016 - Spa Therapist** at L'Horizon Beach Hotel & Spa, Jersey, Jersey, (5 Star Hotel Spa)

**Duties included:**

SPA Therapist

**December 2012 - December 2012 - Massage Therapist** at Self Employed, Lisbon, (5 Star Hotel Spa)

**Duties included:**

Massage Therapist/ Physiotherapy Assistant

**February 2010 - December 2011 - Spa Therapist** at Hotel CS Vintage, Lisbon, (5 Star Hotel Spa)

**Duties included:**

SPA Therapist

**December 2008 - December 2009 - Holistic Therapist** at Seven Day Spa, Lisbon, (Day Spa)

**Duties included:**

Massage therapist

**December 2007 - December 2008 - Massage Therapist** at Health & Wellness, Lisbon, (5 Star Hotel Spa)

**Duties included:**

Massage therapist

**December 2005 - December 2007 - Massage Therapist** at Hotel D. Pedro, Lisbon, Portugal, ( Hotel Spa)

**Duties included:**

- Greeting guests
- Spa tour
- Performing treatments
- Reception cover
- Cleaning
- Waiting
- Promoting spa
- Retail

**Products worked with:**

- Elemis..espa
- Clarins
- Confort zone
- Isgha
- Decleor

**Career Break** - Job hunting

**December 1999 - December 2003 - Massage Therapist** at Carnival Cruise , Cruie Ship, (Cruise Ship)

**Duties included:**

- Promoting spa
- Cleaning treatment room
- Performing treatments

**Products worked with:**

Clarins

Decleor

**Education and Qualifications:**

**2001**

- Aromatherapy certificate
- Face and body certifacate
- Body wrap certificate
- Pregnancy massage certificate
- Hit stone massage certificate

**1993 Elemis training academy in watford**

- Massage course in portugal Elemis training in watford Face and body Body wraps Pregnancy massage. Hot stone
- Massage therapy-physiotherapy assistant.
- Diploma and certificate
- Elemis certificate face and body
- Aromaspa
- Pregnancy massage
- Hot stones

**Product Training:**

**December  
2001**

**Elemid**

- Elemis academy training in watford.
- Also on cruise ships whole working there also in spas
- Elemis body and face
- Elemis body wraps
- Thalgo marine body wraps

**Vocational Qualifications**

- Waiting job
- Kitchen assistant
- Cleaning

**Hobbies and Interests**

- Walking
- Swimmimg

- Tv programs related to spas..travelling

CV created at [www.spastaff.com](http://www.spastaff.com)

