

# Curriculum Vitae

**Female**

**D.O.B. 14 February 1995**

**Number of years working in industry:**

**7 years 0 months**



**Candidate ID Number:** 65068

**Nationality:** British, Lebanese

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Consultant, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Receptionist, Laser Therapist

## **Personal Statement**

I am a highly talented, professional massage, beauty and laser therapist with a special and personalised touch. I have more than 10 years' experience in a wide range of methods and techniques from both eastern and western influences. I am very passionate about my work and dedicated to making people feel and look their best. I always give 100% in my services and enjoy spending time building relationships with staff and clients. I am reliable, self-motivated, compassionate, friendly, hard working and make a great asset to any team. I continuously strive to develop my experiences and knowledge and have a keen and genuine interest in learning new things

I am currently seeking an excited new opportunity in international locations and cruise ships.

## **Employment History:**

**December 2024 - January 2025 - Spa Therapist** at (most recent employer hidden for confidentiality) St Moritz, Switzerland, (5 Star Hotel Spa)

**Duties included:**

Perform high quality service such as massage, facial and reflexology

Reception

Spa attendant duties

**Products worked with:**

My Blend

Bynacht

La Biosthétique

Bellefontaine

Epone

**June 2022 - November 2023 - Beauty Therapist** at Therapie Clinic, London, UK - United Kingdom, (Skin Clinic)

**Duties included:**

Working as a mobile therapist who covers multiple clinics in and around London

Clinic base was Westfield White City

Completion of full laser training and certified for hair removal in using Cynosure Elite, Body treatments from BTL using EmSculpt and Exillis. And skin treatments using Hydrafacial and Exillis.

Providing extensive client's skin analysis and consultation

Effectively evaluating clients based on the Fitzpatrick scale and determining appropriate laser settings

Recognizing potential contraindications and properly assessing any adverse reactions to treatment

Performing laser and body procedures for patients and provided post-treatment instructions and care

Front of house duties, scheduling appointments, receiving payments, taking calls, responding to WhatsApp messages, diary management, confirming doctors appointments and consultations

Consultations for laser hair removal and body treatments

Doctors assistant taking photos and making sure all consultation forms and documentation is completed prior to treatment. Applying numbing cream where needed. Rescheduling patients for doctor review. Doing doctors invoices and deductions for usage for the day

Cashing up and sending end of day email breakdown of daily and week to date income, sales from therapists, consultation conversions

Responsible for opening and closing clinic

#### **Products worked with:**

Skin Theory

Obagi

**July 2019 - March 2020 - Holistic Therapist** at Dr Wakdes , London, UK - United Kingdom, (Hospital / Medical Clinic)

#### **Duties included:**

Working alongside Ayurvedic Doctors who create tailored treatment plans for individuals after an in depth consultation.

I provided the prescribed treatments using holistic techniques, oils and herbs from India that help patients maintain a healthy life, eliminate impurities, reduce stress, and fight disease. Treatments include; Panchakarma detox therapies, Rejuvenative therapies, Patra Pinda Swedana and Shirodhara.

I would prepare and blend oils, masks, clay moulds and create herbal poultices

Maintain repeat and a referral client base

Working with affluent clientele

Maintain cleanliness, neatness and organisation of salon and treatment room

Checking and maintaining stocks

Reception duties/customer service

#### **Products worked with:**

Using a variety of Ayurvedic oils herbs and herbal poultices specific to individuals constitution and needs.

**May 2018 - July 2019 - Beauty Therapist** at Kate Anderson spa , London , UK - United Kingdom, (Day Spa)

#### **Duties included:**

Providing high quality personalised massage, facial, body and beauty treatments specially designed around my own personal approach to massage incorporating a range of influences, styles and techniques

Creating my own tailored massage treatment

Thriving repeat and referral client base, booked to full capacity and having waiting list each day

Dermalogica trained to specialist level

Decleor face and body treatment

Carita facial treatments

Working with affluent clientele

Maintain cleanliness, neatness and organisation of salon

Check and maintain stocks

Reception duties

#### **Products worked with:**

- Dermalogica
- Decléor
- Carita

**September 2014 - May 2018 - Massage Therapist** at Vogue Aesthetic Clinic & Spa / Thai Therapy Massage, Acton, UK - United Kingdom, (High Street Salon)

#### **Duties included:**

Providing high quality massage, body scrubs, body wraps & facials treatments

Specialised in Traditional Thai, Thai oil, Swedish, deep tissue massage and Thai foot reflexology

Providing excellent after care, lifestyle and general advice

Building and maintaining a following clientele

Use of Eminence organic skincare brand

Able to deliver high standard of customer service

Maintaining high levels of cleanliness, neatness and organisation of salon

Check and maintain stocks

Making weekly rotas

Reception duties

Responsible for opening and closing salon

#### **Products worked with:**

Eminence

#### **Education and Qualifications:**

##### **2023 St Marys University**

Certificate

Emergency First Aid at work

##### **2018 St Mary's University**

ITEC Level 3 diploma

Sports Massage Level 3

##### **2018 St Mary's University**

Pregnancy Massage

##### **2016 International Training Massage School - Thailand, Chiang Mai**

International Certificate

- Nuad Bo-rarn Thai massage levels 1 and 2 - (60 hours)
- Thai foot reflexology massage - (80hours)

## **2014 The London college of beauty therapy**

Level 3 Award

Indian Head Massage

## **2013 The London College of Beauty Therapy**

The London College of Beauty Therapy

NVQ Level 3 Diploma in Therapy - (September 2012 - July 2013)

Units Completed:

- Body Massage
- Hot Stone Massage
- Epilation
- Body Electricals
- Facial Electrical
- Salon Reception

NVQ Level 2 Diploma in Beauty Therapy - (September 2011 - July 2012)

Units Completed:

- Manicure
- Pedicure
- Make-Up
- Facials
- Waxing
- Eye Treatments
- Salon Reception

## **2011 Richmond upon Thames**

- City & Guilds Award In:
- NVQ Level 1 Diploma Hair & Beauty
- Entry Level 3 Hair & Beauty

## **Product Training:**

### **February 2019 Dermalogica**

Dermalogica UK Ltd - Leatherhead

- Treatment Essentials: Ageing Skin Day 1 - 26/02/2019 13:15 - 16:15
- H.A.P.P.Y Retailing Day 1 - 26/02/2019 09:30 - 12:30
- Pro Power Peel Day 1 - 20/02/2019 09:30 - 16:00
- Treatment Essentials: Sensitive Skin Day 1 - 18/02/2019 13:15 - 16:15
- Treatment Essentials: Acne Day 1 - 18/02/2019 09:30 - 12:30
- Dermalogica® DNA Day 4 - 29/08/2018 09:30 - 16:00
- Dermalogica® DNA Day 3 - 28/08/2018 09:30 - 16:00
- Dermalogica® DNA Day 2 - 21/08/2018 09:30 - 16:00
- Dermalogica® DNA Day 1 - 20/08/2018 09:30 - 16:00

## **Vocational Qualifications**

First aid

IT skills

Administration

## **Hobbies and Interests**

Travelling, Exploring different cities and cultures

Socailing with friends and family

Yoga, dance and excercise classes

