

Curriculum Vitae

Male

D.O.B. 19 January 1994



Number of years working in industry:

6 years 7 months

Candidate ID Number: 64192

Nationality: British

Language Skills:

Fluent: English

Basic: German

Permitted to work in: UK - United Kingdom

Position Sought: Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist

Personal Statement

I'm a hardworking and focused individual. I'm currently looking for opportunities to travel the world whilst doing the job that I love.

I have six years of experience as a massage/spa therapist and have also worked in other roles within the hospitality industry such as housekeeping, reception and hosting roles.

I have been greatful to experience a level of self growth as well as making great relationships with past employers; I would like to add more depth to my self profile aiming to challenge myself in different areas which I feel would benefit myself and any potential employers.

Seeking work in international locations

Employment History:

December 2019 - July 2020 - Massage Therapist at (most recent employer hidden for confidentiality) France, (Hotel Spa)

Duties included:

Spa Therapist and Head of Department. I was the head of the spa department and the only spa team member at this resort, which meant I had to be self motivated and proactive at all times.

- Delivering a spa welcome speech as part of the 'Snow Brief' to promote spa treatments and facilities.
- Delivering a range of spa treatments and promoting retail.
- Day to Day running of the spa area and facilities. Including cleaning, laundry, hydro pool maintenance and logging relevant information.
- Reception services: bookings, rebookings and payments.
- One weekly housekeeping shift, and one weekly reception shift.
- Stock taking and ordering of products.

July 2019 - November 2019 - Massage Therapist at Neilsons, Italy and Sardinia, Italy, (Hotel Spa)

Duties included:

During my first summer season working for neilsons I attended training on Greece, then worked on the southern coast of Italy and later in Sardinia. I worked in a compact spa team.

- Attending a weekly welcome speech for hotel guests, and taking bookings for the spa.
- Delivering treatments.
- Promoting the spa in order to increase bookings during quiet parts of the day.
- Hosting skincare and massage masterclasses.
- Cleaning duties.
- Reception duties.

Products worked with:

Temple Spa

February 2019 - July 2019 - Massage Therapist at Body and Mind Therapy Centre, Mossley, Greater Manchester, UK - United Kingdom, (High Street Store)

Duties included:

I worked at BMTC as a holistic massage therapist, within a team of holistic and sports therapists.

- Delivering Massage on behalf of the clinic.
- Minor cleaning roles (opening and closing of treatment rooms)
- Rebooking and upselling to guests.

Products worked with:

Botanicals Organic Skincare

June 2015 - January 2019 - Holistic Therapist at Red Hotels (Scarlet Hotel and Bedruthan Hotel), Mawgan Porth, Newquay, Cornwall., UK - United Kingdom, (Hotel Spa)

Duties included:

I was a holistic therapist based at two hotels, the Scarlet and the Bedruthan. Offering holistic treatments with organic and ethical companies. My tasks included;

- Delivering Treatments.
- Cleaning duties.
- Spa opening and closing procedures.
- My main job role was as a spa therapist, however I also worked in hosting roles when required. As guest host I would look after spa guests and usher them around the spa areas, bringing tea, fruits and collecting them for their treatments as well as attending to the spa environment and cleaning/laundry duties. As a Garden Host I would take guests around the Spa Garden, a self-led timed spa experience consisting of body scrubs, saunas, plunge buckets, hot tubs and foot soaks. I would usher guests around the spa facilities, give an introductory speech for each group of guests and prepare their scrubs and drinks. Minor maintenance tasks.

Products worked with:

Oula, Ila, Natural Wisdom, TriDosha, Pinks Boutique, Voya, Cornish Seaweed Company.

September 2013 - May 2015 - Beauty Therapist at Devonshire Spa, Buxton, Derbyshire, UK - United Kingdom, (Hotel Spa)

Duties included:

Alongside my academic study, I worked in the universities onsite Day Spa. Where I carried out Elemis treatments.

In my first year I acted as a spa therapist and in second and third year I was given the opportunity to act as shift leader or senior therapist.

The job role included cleaning, retail, reception and promotional activities alongside delivering spa treatments to guests.

Products worked with:

Elemis

Education and Qualifications:

2015 University of Derby

BSc

International Spa Management - Second Class Honours

- Spa Skills
- Spa Treatment Design
- Business
- Spa Management
- Spa Cuisine

2012 North Lindsey College

Beauty Therapy Level 2 - Pass

Beauty Therapy Level 3 - Pass

Product Training:

July 2019 Temple Spa

Neilsons Messini Beachclub, Greece.

Temple Spa Face & Body treatments.

Temple Spa Thermal Stone Therapies.

Hobbies and Interests

Hiking, yoga, cycling, running, circus skills, longboarding (skateboard), skiing.

CV created at www.spastaff.com

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