

# Curriculum Vitae

**Female**

**D.O.B. 23 November 1965**

**Number of years working in industry: 6 years 6 months**

**Candidate ID Number:** 62633

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Consultant, Massage Therapist

## Personal Statement

The qualities that i would describe myself are, very hard working , reliable , keen , very passionate about massage , as i love massage, a good listener , patient and tollerant of other people., as you need to be extremley patient in this line of industry with working with differnt members of staff and working with the public/ guests.

To be able to be flexible and to be a good team player is key.

EG , if you would have to do some over time hours of stand in for another member of staff if they were sick. so really you have to be able to adapt to differnt people on a day to day basis .

Seeking work in national and international locations and cruise ships

## Employment History:

**August 2019 - Present - Spa Consultant** at (most recent employer hidden for confidentiality) uk kent, (5 Star Hotel Spa)

### Duties included:

As a massge Theraphist , not only massage treatments are part of my daily role and routine, but also being responsible for a thoroughly clean and tidy treatment room , changing towels and having a clean massage couch after each treatment.To sometimes cover the spa reception , greeting guests/ clients and making them welcome and making sure they fill out their consultation form , so that everything is in order befor any treatment is carried out.

To do laundry and to reguarly check on towels , and to make sure that there is enough through out the day , making sure that there is always massage oil topped up , and the required massage is available for each treatment , eg: aromtherphy , pregnancy massage oil.

And to inform clients of any promotions and tombe able to promote spa products , that are used in treatment , that these products can actually be bought and are available for sale.

### Products worked with:

I have worked with Elmis , Bannatyne and E "Spa products

## Education and Qualifications:

**2016 The Theraphy Centre 96 Martins Road Shortlands, Bromley Kent BR2 0EF**

Swedish Massage Level 3 ( LTVC )

practical massage , course work , health & saftey , assignments and two theory exams , which included multiple

choice and diagrams in A&P.

Swedish Massage Certificate, Indian Head Massage , Foot massage techniques, seated massage , facial massage & pregnancy massage.

### **1983 Prendergast School for Girls**

Maths GCSE

History GCSE

English L GCSE

Art GCSE

English L GCSE

Spanish GCSE

### **Hobbies and Interests**

I enjoy yoga , which i have practised for a long time and going on calm relaxed walks. And i enjoy cooking and trying out new healthy recipes and entertaining my friends , and reading a good book.

I also love gardening and love visiting other countries abroad.

In the past i have lived in turkey , and travelled around , seeing a lot of the country, and also have lived in the greek part of cyprus.

CV created at [www.spastaff.com](http://www.spastaff.com)

