

# Curriculum Vitae

**Female**

**D.O.B. 16 November 1980**

**Number of years working in industry: 10 years 6 months**

**Candidate ID Number:** 56005

**Nationality:** British, American

**Language Skills:**

Fluent: English

Basic: German, Spanish

**Permitted to work in:** Bermuda, USA - United States, UK - United Kingdom

**Position Sought:** Spa Consultant, Spa Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Massage Therapist

## Personal Statement

I am a highly motivated individual that seeks to help and heal others, I am very driven, ambitious, soulful, passionate with a will to succeed and advance whilst continuing to learn in every aspect possible. I have achieved quite a lot in my career and there is so much I've yet to accomplish that I desire; with an eagerness to sacrifice and climb in any way possible. I love what I do & strive to do my best always! I am very diligent, conscientious and meticulous that takes pride in my work.

Seeking work in national and international locations

## Employment History:

**February 2023 - Present - Assistant Manager** at (most recent employer hidden for confidentiality) Bermuda, Bermuda, (5 Star Hotel Spa)

### Duties included:

- Lead and Supervise a team of 6-15 people
- Manage schedules
- Inventory management
- Help create new spa services
- Assist with payroll
- Administer spa treatments
- Train the staff with updated protocols
- Perform many types of facials and treatments according to skin type/condition
- Microdermabrasion
- Assist in training new staff on treatments and protocols
- Spa Coordinator

### Products worked with:

- Elemis
- Yonka
- Pevonia
- Obagi
- SkinCeuticals
- Eminence
- Dermalogica
- Sisley

**July 2015 - January 2023 - Head Therapist** at Three Graces Day spas at the Loren hotel, Tuckers Town, Bermuda, (5

**Duties included:**

Performed all varieties of facials, peels, massages including Swedish, Deep Tissue, Sports, Remedial, Aromatherapy, Hot Stone, Prenatal, Myofascial

Assisted in training new staff

Assisted with coordinating, booking appointments and taking payments

**Products worked with:**

Yonka

Sisley

**Education and Qualifications:**

**2018 New Jersey & Bermuda**

Diplomas and certificates

Massage Therapy, Sports massage, Advanced Skin care, Reiki, Aromatherapy

**Product Training:**

**November 2018** Yonka Paris, SkinCeuticals, Glymed, Elemis

**Vocational Qualifications**

CPR & First Aid, scuba diving, Tourism Ambassador, bartending

**Hobbies and Interests**

Watersports, dancing (Salsa, pole, fitness), photography, walking, running, yoga, reading, writing, animals, volunteering

CV created at [www.spastaff.com](http://www.spastaff.com)

