



Curriculum Vitae

Female

Number of years working in industry:

8 years 1 month

Candidate ID Number: 55803

Nationality: British, British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist, Complementary Therapist

Personal Statement

Hello my name is Megan, I am 31 years old and live in England. I would like take up the role a in a people-oriented organization which will require me to utilise my skills, abilities and current knowledge that also promotes and implements the standards of service that is expected of me. I am confident that my experience and understanding from my previous working posts have certainly shown me the importance of being personable, and professional, providing me with excellent communication skills, which comes also from a having a natural friendly disposition towards fellow staff, and a dedicated member of any team. Since qualifying I have created a nice environment in my home where I can carry out my treatments, I have three regular weekly clients and have been asked to join a team within a yoga studio to work from. I was always very interested in massage as I thoroughly enjoyed experiencing a treatment myself and very was interested in different natural forms of healing, noticing clear a difference of your general wellbeing due to the busy lives we lead. Having this opportunity to provide this very important practise for individuals is incredible and my passion will only continue to grow.

Seeking work in national and international locations

Employment History:

January 2018 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Southport, Merseyside, UK - United Kingdom, (Home/Mobile)

Duties included:

I received a quality practical hands-on training to prepare me for this role as a massage therapist. My course gave me the opportunity to execute a high level of skills and techniques to my clients, I have utilized my skills and now implement these in my own business. Interacting effectively and compassionately, using active listening skills to respond to the needs of the individual also tailoring appropriate individual treatments and developing positive client relationships.

Career Break - Training - industry-related

July 2018 - September 2019 - Holistic Therapist at Dairy Farm Holistic Hub, SOUTHPORT, UK - United Kingdom, (Health Club)

Duties included:

This is my weekly yoga studio and was asked to join the team and offer my Reflexology treatments from this space. I customise the room which I rent to make my clients feel the most relaxed they can be, also having a mini consultaion before hand perhaps on the phone tailoring to the individuals needs and wishes.

Career Break - Training - industry-related

Education and Qualifications:

2020 Sligo College of further education Ireland

Diploma Level 3 ITEC + QQI

Complimentary Therapies

Body Massage ITEC

Hot Stone Massage

Hopi ear candling

Nutrition

Anatomy and Physiology ITEC

Beauty Industry

Customer Service

Professional Conduct & Business Awareness - ITEC

Work Experience

Due to the corona virus outbreak the exam due to be taken for ITEC anatomy and physiology has been postponed. I have however had my QQI qualification confirmed and completed. My practical body massage ITEC exam has been completed and can request a reference from my tutor.

2018 Liverpool City College

Level 3 Diploma VTCT

Reflexology Level 3 Diploma VTCT

2017 Dairy Holistic Hub Southport Merseyside.

Certificate

Reiki Level One

2014 Formby High School

GCSE:

Music.....A

French.....B

History.....C

Drama..... A

I.T.....B

Maths.....C

English Literature.....B

Combined Science.....D

Art.....B

English Language.....B

Religious Education.....B

Hobbies and Interests

I love to keep active having access to a beach is fantastic and start my days with daily yoga opting to join a class once a week. Swimming and bike riding are also included in my regular exercise routine.

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