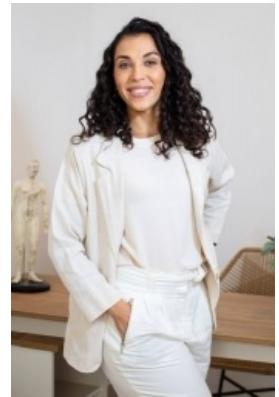


# Curriculum Vitae

**Female**

**Number of years working in industry:**

**11 years 2 months**



**Candidate ID Number:** 54521

**Nationality:** Brazilian

**Language Skills:**

Fluent: English, Spanish

Basic: Italian

**Permitted to work in:** Brazil

**Position Sought:** Spa Manager, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Holistic Therapist, College Tutor

## Personal Statement

I am a naturopath acupuncturist, over 11 years developing wellness programs on luxury spas and private projects. I do offer wellness experience, mental health support and emotional balance guidance - integrative and holistic approach to health and beauty.

Worked for cruise ships as wellness practitioner in the past, royalty families last years, nowadays working seasonal for best spas in the world.

Chinese medicine, facial acupuncture, Naturopath treatments.

Bach flowers practitioner.

## Employment History:

**March 2020 - May 2021 - Holistic Therapist** at (most recent employer hidden for confidentiality) Europe, Germany, (Home/Mobile)

### Duties included:

I provide online seminars and consultation for Europe based customers, its great solution to work at home at these times

### Products worked with:

Aromatherapy, facials products, body products.

**January 2019 - January 2020 - Head Therapist** at Private Spa , Palace., Saudi Arabia, (5 Star Hotel Spa)

### Duties included:

I was performing acupuncture facials acupuncture and chineses medicine treatment and responsible for the massage therapist team, supervising and organizing the spa.

Very busy spa with all facilities included.

### Products worked with:

La prairie, Elemis, espa.

Also a variety of essential oils and other products were available.

**October 2017 - December 2018 - Head Therapist** at Al seer Marine, Abu Dhabi, UAE - United Arab Emirates, (Home/Mobile)

**Duties included:**

Private yacht and private residence spa. Opening and closing operations, setups and inventories, very heavy spa routine.

Trainning another therapists and renewed the spa menu, focus on performance of each treatment. Also I had provide all spa services.

Treatments offered:

Acupuncture.Thai massage, shiatsu, reflexology, swedish massage, sport massage, hot stones, lymphatic drainage, body wrap, scrubs, hammam, marrocan bath, cuppings, facials.

**Products worked with:**

Elemis, Espa, Dermatologica, caudelair, la praire, marrocmarroc, vichy.

**March 2016 - June 2017 - Senior Therapist** at Canyon Ranch, Miami, (Cruise Ship)

**Duties included:**

Provide acupuncure and facials acupuncture , also sell producs dealing with targets, provided plenty of seminars and workshops.

**Products worked with:**

Voya, elemis, aromatherapy.

**January 2014 - February 2016 - Holistic Therapist** at Andrea Santa Rosa, Rio de Janeiro, Brazil, (Hospital / Medical Clinic)

**Duties included:**

Massagetherapist, reiki, aesthetic, beauty facial, holistic treatments.

Heavy rotation of plenty custumers. Also had administrative and financial support involved, in order of targets and marketing goals.

**Products worked with:**

Skinceuticals, Weleda, Locitane.

**October 2012 - November 2013 - Massage Therapist** at Steiner, baltic sea, (Cruise Ship)

**Duties included:**

All spa treatments, selling products and inventories.

Seminars and client education.

**Products worked with:**

Elemis

**March 2009 - August 2012 - Massage Therapist** at Copacabana Palace, Rio de Janeiro, Brazil, (5 Star Hotel Spa)

**Duties included:**

All variety of spa treatment provided, special sport massage.

## **Products worked with:**

Shiseido spa boutique.

## **Education and Qualifications:**

### **2021**

Pregnancy acupuncture

### **2020 London uk.**

Diploma

Cosmetic Acupuncture specialization.

### **2019 British medical acupuncture center**

Herbs and aromatherapy.

### **2016 Ibrate**

certificate

thai massage

### **2012 Steiner - London, UK**

Certificate

Spa protocols and massages - wraps, scrubs, hot stones, sport massage, swedish massage.

### **2015 Ebramec**

Acupuncture and chinese medicine - postgraduate diploma.

### **2008 Naturopath graduation**

Naturopathic Science degree - the graduation covered a range of treatments - from acupuncture, massage and holistic treatments, reiki.

## **Product Training:**

### **January 2018 Espa**

Abu Dhabi, private spa

Facial treatment

### **May 2016 Voya**

Canyon Ranch spa - US

Detox body program, scrubs, wraps.

### **December 2013 elemis, voya, dermatologica**

Steiner - London, UK

Elemis facial and body treatments, wraps and scrubs.

## **Vocational Qualifications**

- Padi scub dive
- Marketing skills
- IT skills - excel, photoshop ad images and videos.

## **Hobbies and Interests**

Yoga and reading

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