



Curriculum Vitae

Female

Number of years working in industry:

9 years 3 months

Candidate ID Number: 53385

Nationality: British

Language Skills:

Fluent: English, Spanish

Good: Portuguese

Permitted to work in: UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist

Personal Statement

Motivated, client-focused massage and spa therapist, with a passion for promoting healing, health and well-being. Seeking a position with an ethically-minded, innovative company where I can enhance and develop my skills.

Employment History:

August 2018 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Isla de Flores, Mexico, (Home/Mobile)

Duties included:

Offering massage and spa treatments to hostel guests and tourists. Giving aftercare advice, selling skincare products in line with client needs. Responsible for flyer design and marketing.

March 2018 - July 2018 - Holistic Therapist at Monkey House Mexico, Puerto Escondido, Mexico, (Hotel Spa)

Duties included:

Offering personalised bodywork treatment plans for professional aerialists and attendees of a surf retreat and yoga camp.

August 2016 - January 2018 - Holistic Therapist at Self-employed, Itacaré, Brazil, (Hotel Spa)

Duties included:

Offering massages to guests at a variety of boutique hotels, hostels, and mobile massage treatments in client's homes. Responsible for marketing my services within the town.

Education and Qualifications:

2018 Chiang Mai Spa Academy, Chiang Mai, Thailand

certificate

Bamboo Massage

Waxing

2018 Spa Mantra, Chiang Mai, Thailand

Certificate

Facial and Body Treatments

Deep Tissue Massage

2018 International Training Massage School, Chiang Mai, Thailand

Certificate

Thai Foot reflexology

2016 Naturaclass, Fuengirola, Spain

ITEC level 3

Holistic Massage

2004 University of Portsmouth

BSc Psychology 2:1

1999 Hayes School

9 GCSEs grade A - C

3 A LEVELS - Law (A), English Literature and Language (B), Psychology (C)

Hobbies and Interests

Yoga, running, making kombucha and fermented foods

CV created at www.spastaff.com

