



# Curriculum Vitae

**Female**

**D.O.B. 12 January 1978**

**Number of years working in industry:**

**18 years 1 month**

**Candidate ID Number:** 51603

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** Cyprus, UK - United Kingdom

**Position Sought:** Spa Consultant, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist, Fitness Professional, Receptionist, Retail Professional, Membership Sales Professional

## Personal Statement

Extremely hard working, passionate, honest, trustworthy, never afraid to try something new & travel.

Seeking work in national and international locations and cruise ships

## Employment History:

**January 2020 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Kenmare, Ireland, (5 Star Hotel Spa)

### Duties included:

- Performing Back to Back Treatments, Massage, Body Scrubs & Wraps. Facials & Skincare Advice.
- Manicures & Pedicures
- Selling & Upselling Retail & Treatments.
- Stock.
- Giving a 5\* Service

### Products worked with:

Sicily

Bamford

SAMAS (Hotel Brand)

**October 2018 - December 2019 - Massage Therapist** at Machynys Golf Club & Premier Spa, Llanelli, UK - United Kingdom, (Health Club)

### Duties included:

- Performing Back to Back Treatments.
- Stock.
- Booking Clients in on System.
- Payments. Opening Up/Close Down.
- Full Skin Analysis.
- Weekly, Monthly & Yearly Targets

**Products worked with:**

Elemis

Decleor

**November 2017 - September 2018 - Massage Therapist** at The Vale of Glamorgan Hotel & Spa, Pontyclun, UK - United Kingdom, ( Hotel Spa)

**Duties included:**

- Performing Back to Back Treatments.
- Sales. Treatments & Retail.
- Stock.
- Reception Duties.
- Booking in Appointments

**Products worked with:**

- Clarins
- Temple Spa
- Natural Spa Factory
- Sienna
- Jessica & Mii

**December 2016 - October 2017 - Massage Therapist** at L'Horizon Beach Hotel & Spa, Jersey, Jersey, (5 Star Hotel Spa)

**Duties included:**

- Back to Back Treatments.
- Retail Sales.
- Stock.
- Reception.
- Covering Gym, Pool, Sauna & Steam.
- Pool Testing.

**Products worked with:**

Elemis

Jessica & Mii

Comfort Zone

**April 2016 - December 2016 - Skin Clinic Therapist** at Clarins Skin Spa Cardiff - Debenhams, Cardiff, UK - United Kingdom, (High Street Store)

**Duties included:**

- Back to Back Treatments.
- Retail Sales.
- In-store Events.
- Outside promotions.
- Trade Fairs.
- Skin Analysis.
- Stock.
- Daily, Weekly & Monthly Targets.

**Products worked with:**

Clarins

**July 2013 - March 2016 - Massage Therapist** at Vrissaki Hotel & Spa, Cyprus, Cyprus, ( Hotel Spa)

**Duties included:**

Working in a Spa & Hotel in Protaras, Cyprus. Performing Back to Back Treatments.

Inside & Outside of the Spa. Offering Facials, Massage, Body Wraps & Scrubs.

**Products worked with:**

ESPA

California Tan

**September 2007 - July 2013 - Holistic Therapist** at Working for Myself, Swansea, UK - United Kingdom, (Home/Mobile)

**Duties included:**

Massage

Facials

Indian Head Massage

**Products worked with:**

Salon Connections & Sally's Brand

**Education and Qualifications:****2019**

Alumier MD - Chemical Peels

Dermalogica Facial Training

Laser Level 4 in Hair Removal

**2019**

Diploma Level 2 & 3 in Beauty & Massage

**2011 The Training Room, Cardiff**

Level 3 Diploma

- Level 3 Diploma Personal Training. Class Instructor. Health Related Qualifications.

**2007 The Training Room, London**

Diploma Level 3 in Massage & Beauty Therapy.

- Swedish Body Massage
- Indian Head Massage
- Hot Stones Massage
- Skin Specific Facials

**1994 Bishop Vaughan Catholic Comprehensive School**

- X7 GCSE'S
- RE - B
- ENGLISH - C
- MATHS - C
- HISTORY - C
- SCIENCE - C
- DANCE - C
- PE - C
- RSA TYPING LEVEL 1 & 2

**Product Training:****February**

**2020**

## **Bamford**

International Trainer from Bamford, trained in house @ Kenmare Park Hotel.

Bamford Face & Body Treatments.

Scrubs.

**September 2018**

## **Clarins**

Clarins Head Office in London

Elemis & Jessica.

March 2017 in Jersey.

**September 2018**

## **Elemis & Clarins**

Jersey for Elemis. International Trainer Grace performed training.

Clarins - On going London Based by Clarins Trainers.

Decleor - In House Machynys.

Full Head to Toe Clarins Training. Body & Face.

Full Facial Training Elemis & Body Wraps & Scrubs & Massage also.

Face & Body with Decleor

## **Vocational Qualifications**

- IT Trained.
- First Aid Trained, Certificate needs updating.

## **Hobbies and Interests**

- Gym.
- Running.
- Walking my Dog.
- Holidays.
- Travelling.
- Shopping, Socialising.
- Always learning something new.

CV created at [www.spastaff.com](http://www.spastaff.com)

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