

# Curriculum Vitae

## Female

**Number of years working in industry: 9 years 5 months**

**Candidate ID Number:** 51076

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Fitness Professional, Yoga / Pilates Teacher

## Personal Statement

Seeking work in national and international locations

## Employment History:

**September 2016 - Present - Yoga / Pilates Teacher** at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (Home/Mobile)

### Duties included:

Freelance Yoga & Barre teacher, Personal Trainer & Health Coach looking for a new challenge overseas.

## Education and Qualifications:

### 2007 Discovery Learning, London

Personal Training Level 3 Diploma - Discovery Learning, London Level 2 Gym Instructor - Discovery Learning, London Level 3 Yoga Teaching (Ashtanga & Hatha) - Tirisula, Singapore

- Professional Qualifications undertaken as part of my prior Banking Career
- Investment Management Certificate (Level 3 NVQ)
- Chartered Financial Analyst (Level 1) - Post-grad qualification

### 1993 Davenant Foundation School

3 A levels

1 AS level

10 GCSEs

## Hobbies and Interests

Horseriding, Skiing (Snow & Water)

CV created at [www.spastaff.com](http://www.spastaff.com)

