

Curriculum Vitae

Male

Number of years working in industry: 4 years 5 months

Candidate ID Number: 50670

Nationality: American

Language Skills:

Fluent: English

Basic: Swahili

Permitted to work in: USA - United States

Position Sought: Assistant Manager, Massage Therapist, Holistic Therapist, Complementary Practitioner

Personal Statement

My philosophy is that our bodies require the necessary balance to ensure its well-being. Our own individual "Life Force" is the link between Mind-Body. The goal is to assist individuals on being consistently responsible for taking a healthy approach within their lifestyle.

Functional balance in our bodies can be restored by using such therapeutic approaches, including herbal formulas, juice fasting, daily physical exercise, acupressure, breathing exercises, etc.

I encourage the emphasis towards Sense of Wellness as an important way for safeguarding and maximizing optimal health.

Seeking work in national and international locations

Employment History:

April 2016 - December 2019 - Spa Consultant at (most recent employer hidden for confidentiality) Tanzania, (5 Star Hotel Spa)

Duties included:

- Performs custom massage sessions based on a client's needs with modality of choice
- Designs treatment plans for pain management and wellness
- Conducts site visits to clients

Products worked with:

Moxibustion

July 2015 - February 2017 - Complementary Practitioner at Chinese Traditional Health Center, Tanzania, (5 Star Hotel Spa)

Duties included:

- Application of various techniques of indirect Moxibustion, (Traditional Chinese Heat Therapy) its benefits, systematic effects and safety precautions.
- Trained on appropriate acupressure points and bodily locations
- Application of various techniques in pain management

Education and Qualifications:

2016 Thai massage School of Chiang Mai

Certificate

Dammone Afriye is a Certified Thai Massage Practitioner/Acupressure/ Foot Reflexologist. Graduating from Thai Massage School of Chiang Mai (TMC), Thailand, Mr. Afriye also did extensive internship and study of Moxibustion Therapy under Dr. Elva Hu, Traditional Chinese Medicine (TCM) and Acupuncturist. Mr. Afriye is currently working on continued education in certified training/teaching massage therapy, by the Thai Ministry of Education. In addition to successfully completing Health Concepts in Chinese Medicine through the Hong Kong University of Science and Technology.

Some major services offered are a combination of massage techniques such as Traditional Thai Massage, Therapeutic Massage, Relaxation Massage, and Foot Massage/Reflexology. Other services offered are Moxibustion (Chinese Heat Therapy), Aromatherapy Massage, Benefits of Chinese Herbs, Meditation, Benefits of Deep Breathing and Physical Flexibility.

Product Training:

April 2016

Thai Massage School of Chiang Mai (TMC), Thailand

Health Concepts in Chinese Medicine through the Hong Kong University of Science and Technology.

Dammone Afriye is a Certified Thai Massage Practitioner/Acupressure/ Foot Reflexologist. Graduating from Thai Massage School of Chiang Mai (TMC), Thailand, Mr. Afriye also did extensive internship and study of Moxibustion Therapy under Dr. Elva Hu, Traditional Chinese Medicine (TCM) and Acupuncturist. Mr. Afriye is currently working on continued education in certified training/teaching massage therapy, by the Thai Ministry of Education. In addition to successfully completing Health Concepts in Chinese Medicine through the Hong Kong University of Science and Technology.

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Vocational Qualifications

- 2015: Employee of the year Global Award, 2nd place, Office of Commissary and Recreation Affairs.
- Management Training Award Office of Commissary and Recreation Affairs (Lusaka, Zambia)
- 2013: Management Training Award Office of Commissary and Recreation Affairs (Frankfurt, Germany)
- 2010: Management Training Award Office of Commissary and Recreation Affairs
- 2007: Security Clearance Certificate for Board of Education

Hobbies and Interests

Drumming , Yoga, Meditation, Biking, Traditional Chinese medicine, Fitness/Wellness Advocacy

CV created at www.spastaff.com

