

# Curriculum Vitae

**Female**

**D.O.B. 04 February 1988**

**Number of years working in industry: 9 years 4 months**

**Candidate ID Number:** 49793

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Massage Therapist

## Personal Statement

A self-motivated person with excellent teamwork skills combined with the discipline to work extremely well on my own if required. I am a versatile person with good organisational and communication skills. I have extensive experience of working with different people in an array of various environments.

Seeking work in national and international locations

## Employment History:

**October 2016 - Present - Spa Consultant** at (most recent employer hidden for confidentiality) Bognor Regis, UK - United Kingdom, ( Hotel Spa)

### Duties included:

This position involves providing treatments to guests and visitors to the resort. Treatments range from massage (including deep tissue massage), body and facial treatments. Also included within this role is the upkeep of the spa and treatment rooms.

### Products worked with:

Spa Find/Finders

**Career Break** - Training - industry-related

## Education and Qualifications:

### 2015 Open University

Degree - BSc Open Degree - Lower Second Class with Honours.

VTCT Level 4 in Sports Massage Therapy.

Hot Stones Therapy and Lava Shell Treatments.

VTCT Level 3 in Sports Massage Therapy.

Pregnancy Massage

### 2006 Brighton, Hove and Sussex Sixth Form College

A Levels: P.E (C), Psychology (D) English Language and Literature (E)

### 2004 Ringmer Community College

GCSE's: English Literature (A), English Language (B), P.E (B), French (C), Mathematics (C), Dance (C), Double

Science (CC) Electronics (C), Geography (C).

GNVQ: ICT (PASS)

## **Vocational Qualifications**

- UKCC Level 2 in Cricket Coaching
- Computer literate
- Full UK driving license
- 1st4sport: Level 2 Award in Multi-Skills Development in Sport (QCF)
- 1st4Sport: Level 2 in Supporting Learning in Physical Education and School Sport (QCF)
- 1st4sport: Level 2 Certificate in the Principles and Preparations for Coaching
- 1st4sport: Award in Coaching Studies (Level 2) Sport (QCF)
- GO/FENCE: Leaders Award

## **Hobbies and Interests**

Keen sportswoman - previously represented England in Cricket.

CV created at [www.spastaff.com](http://www.spastaff.com)

