

Curriculum Vitae

Female

D.O.B. 27 March 1988

Number of years working in industry: 12 years 1 month

Candidate ID Number: 48187

Nationality: British

Language Skills:

Fluent: English

Good: Spanish

Permitted to work in: UK - United Kingdom

Position Sought: Assistant Manager, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Yoga / Pilates Teacher

Personal Statement

Adventurous, confident and courageous, I have enjoyed building up my own therapy business and learning new skills from places I travel in the world. I love to learn and travel and I enthusiastically bring new discoveries to my business and clients. I am excited to continue discovering new ways to share my skills in different environments.

Seeking work in national and international locations and cruise ships

Employment History:

January 2014 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Glasgow, UK - United Kingdom, (High Street Salon)

Duties included:

- Managed and facilitated my own therapy business.
- Offered a range of therapies to my own client base, including but not limited to: Crystal Healing, Crystal Massage, Luxury Facials, Holistic Massage, Indian Head Massage, Ear Candling, Rose Quartz Facials, Reiki.
- Facilitating Meditation groups and workshops.
- Consulted with and referred patients to appropriate health practitioners when needed.
- Observed and noted patient reactions to treatment to evaluate progress and make adjustments.
- Instructed patients about proper hygiene, nutrition, exercise, lifestyle changes and ergonomic factors in their daily activities.
- Educated clients on skin care procedures and products.
- Provided excellent customer service and skin care treatments to all clients. Conducted private client consultations.
- Meticulously maintained spa appearance and cleanliness.
- Charted and recorded information in client files.
- Expertly explained the diagnosis to patients, prescribed treatments and responded to their questions and concerns.
- Conducted body-focused counseling, energy sessions and energy evaluations.
- Accurately charted all patient services in records.

Products worked with:

Dr. Organic

Career Break - Traveling

Education and Qualifications:

Aithein Massage School (Goa, India), Hari Om Yoga Vidya School (Rishikesh, India), Energise

2013 Therapies (Glasgow, Scotland) Gateway Workshops (Glasgow, Scotland) Etheral Light School of Holistic Learning (Dundee, Scotland)

Practitioners Diploma

Ayurveda and Ayurvedic Massage Therapies; Yoga Teaching; Meditation and Pranayama Teaching; Crystal Healing, Reiki, Holistic Massage, Ear Candling, Facial Massage, Indian Head Massage, Luxury Beauty Facial, Crystal Massage.

2014 Duncan of Jordanstone College of Art and Design / University of Dundee

MFA Masters Degree in Art and Humanites

2012 Duncan of Jordanstone college of Art and Design / University of Dundee

BA Honours Degree in Art, Philosophy and Contemporary Practices.

Product Training:

March 2014

Dr Organic Rose Otto Range

Gateway Workshops - Glasgow, Scotland, United Kingdom

A practical and comprehensive training in luxury beauty facial treatments, and facial massage techniques, with examination and certification.

Vocational Qualifications

Qualified and Experienced English Teacher,

Exhibiting Artist in Europe and USA

Manager

Hobbies and Interests

Travel, Art, Yoga, Dancing, Reading, Studying and learning new skills, Teaching

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