

# Curriculum Vitae

**Female**

**D.O.B. 27 March 1988**

**Number of years working in industry: 12 years 1 month**

**Candidate ID Number:** 48187

**Nationality:** British

**Language Skills:**

Fluent: English

Good: Spanish

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Assistant Manager, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Yoga / Pilates Teacher

## Personal Statement

Adventurous, confident and courageous, I have enjoyed building up my own therapy business and learning new skills from places I travel in the world. I love to learn and travel and I enthusiastically bring new discoveries to my business and clients. I am excited to continue discovering new ways to share my skills in different environments.

Seeking work in national and international locations and cruise ships

## Employment History:

**January 2014 - Present - Holistic Therapist** at (most recent employer hidden for confidentiality) Glasgow, UK - United Kingdom, (High Street Salon)

### Duties included:

- Managed and facilitated my own therapy business.
- Offered a range of therapies to my own client base, including but not limited to: Crystal Healing, Crystal Massage, Luxury Facials, Holistic Massage, Indian Head Massage, Ear Candling, Rose Quartz Facials, Reiki.
- Facilitating Meditation groups and workshops.
- Consulted with and referred patients to appropriate health practitioners when needed.
- Observed and noted patient reactions to treatment to evaluate progress and make adjustments.
- Instructed patients about proper hygiene, nutrition, exercise, lifestyle changes and ergonomic factors in their daily activities.
- Educated clients on skin care procedures and products.
- Provided excellent customer service and skin care treatments to all clients. Conducted private client consultations.
- Meticulously maintained spa appearance and cleanliness.
- Charted and recorded information in client files.
- Expertly explained the diagnosis to patients, prescribed treatments and responded to their questions and concerns.
- Conducted body-focused counseling, energy sessions and energy evaluations.
- Accurately charted all patient services in records.

### Products worked with:

Dr. Organic

**Career Break** - Traveling

## Education and Qualifications:

**Aithein Massage School (Goa, India), Hari Om Yoga Vidya School (Rishikesh, India), Energise**

**2013 Therapies (Glasgow, Scotland) Gateway Workshops (Glasgow, Scotland) Etheral Light School of Holistic Learning (Dundee, Scotland)**

Practitioners Diploma

Ayurveda and Ayurvedic Massage Therapies; Yoga Teaching; Meditation and Pranayama Teaching; Crystal Healing, Reiki, Holistic Massage, Ear Candling, Facial Massage, Indian Head Massage, Luxury Beauty Facial, Crystal Massage.

**2014 Duncan of Jordanstone College of Art and Design / University of Dundee**

MFA Masters Degree in Art and Humanites

**2012 Duncan of Jordanstone college of Art and Design / University of Dundee**

BA Honours Degree in Art, Philosophy and Contemporary Practices.

**Product Training:**

**March  
2014**

**Dr Organic Rose Otto Range**

Gateway Workshops - Glasgow, Scotland, United Kingdom

A practical and comprehensive training in luxury beauty facial treatments, and facial massage techniques, with examination and certification.

**Vocational Qualifications**

Qualified and Experienced English Teacher,

Exhibiting Artist in Europe and USA

Manager

**Hobbies and Interests**

Travel, Art, Yoga, Dancing, Reading, Studying and learning new skills, Teaching

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