

Curriculum Vitae

Male

Number of years working in industry: 11 years 6 months

Candidate ID Number: 47522

Nationality: American

Language Skills:

Fluent: English

Basic: GREEK

Permitted to work in: USA - United States, UK - United Kingdom, Cyprus

Position Sought: Senior Therapist, Massage Therapist, Sports Medicine

Personal Statement

As qualified Sports Rehabilitation Therapist, It is my hope that your organization can benefit from my ability to diagnose and treat injuries, while also helping individuals to prevent problems in the future. During the past 4 years, I have gained experience examining competitive athletes and diagnosing injuries, placing special focus on ensuring that players' health and wellbeing is kept. Demonstrating expertise in identifying causes of injuries, devising individualized treatment plans, conducting fitness level testing of players, testing joints for ease and range of movement, and treating and mobilizing injuries to alleviate pain. If you look through my attached resume, you will see that I have designed and implemented rehabilitation programs on a large scale and have also been busy in providing support to players / athletes regarding their diets and nutrition. My exceptional communication skills make me an excellent contender, as I can easily reach out to a diverse set of people, ensuring that their problems are understood, and solutions are provided in terms of treatment plans, rehabilitation, and injury management. Thank you for your time and consideration. In hopes of meeting with you in person.

Employment History:

November 2017 - Present - Sports Rehabilitation Therapist at (most recent employer hidden for confidentiality)
Limassol, Cyprus, (Hotel Fitness Centre)

Duties included:

Provide manual therapy services at Crossfit Limassol. Carry out assessments to evaluate patients' range of movement, the extent of their injuries and to figure out whether they can return to training. If an athlete is going to be out of action for a while develop bespoke treatment plans to help them to regain their fitness. Use of a broad range of treatments to improve their patients' strength, stamina, balance and exercise tolerance, including therapeutic exercise, strapping, taping, heat therapy, electrotherapy, joint manipulation and massage.

June 2015 - November 2017 - Sports Rehabilitation Therapist at Back To Action Therapy, London, UK - United Kingdom, (Hospital / Medical Clinic)

Duties included:

Carry out assessments to evaluate patients' range of movement, the extent of their injuries and to figure out whether or not they can return to training. If the an athlete is going to be out of action for a while develop bespoke treatment plans to help them to regain their fitness. Use of a broad range of treatments to improve their patients' strength, stamina, balance and exercise tolerance, including therapeutic exercise, strapping, taping, heat therapy, electrotherapy, joint manipulation and massage.

August 2014 - November 2017 - Sports Rehabilitation Therapist at Royal Academy of Dance, London, UK - United Kingdom, (College)

Duties included:

Worked with dancers and physicians to develop rehabilitation plans. Worked one-on-one with the athlete, executing and overseeing therapeutic techniques and ensuring that the rehabilitation plan stays on course. The use various special equipment and a number of treatment modalities, such as but not limited to, electrical muscle stimulation, to build athletes' strength and flexibility and promote healing.

Education and Qualifications:

2014 ITEC

Remedial Sports Massage Level 5 ITEC

Remedial Sports Massage Level 5

ITEC

2014 Middlesex University

MSc Biomechanics

2000 Morgan State University

Bachelor of Science Health Education and Promotion

Vocational Qualifications

Level 1 British Weightlifting

Hobbies and Interests

Avid crossfitter

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