

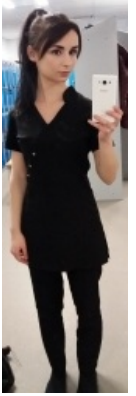
Curriculum Vitae

Female

D.O.B. 20 December 1994

Number of years working in industry:

1 year 2 months



Candidate ID Number: 47116

Nationality: British

Language Skills:

Fluent: English, Greek

Basic: French

Permitted to work in: UK - United Kingdom

Position Sought: Assistant Manager, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Receptionist, Spa Therapist

Personal Statement

My ambition is to become a successful aesthetic and sports massage therapist.

I'm young, hard-working, full of energy, and I love to work!

All I need is to be given a chance to show it.

Seeking work in national locations

Employment History:

October 2016 - December 2017 - Spa Therapist at (most recent employer hidden for confidentiality)
Gateshead/Newcastle, Tyne and Wear, UK - United Kingdom, (Hotel Spa)

Duties included:

- Carrying out treatments (Deep Tissue massage, Hot stone massage, Thai massage, Swedish massage, scalp massage, facials, Body treatments (body wraps, hand/foot treatments)
- Maintaining cleanliness and hygiene within the workplace
- Stock duties (rotation of clean and used towels, ensuring all treatments rooms are well-stocked to ensure , counting stock to keep track of what products are within stock and notifying the manager what/if any products need ordering

Products worked with:

- Elemis

Education and Qualifications:

2017 Newcastle College, Newcastle Upon Tyne, England

Foundation Degree (FdA)

Beauty Therapy & Spa Management (FDA)

- Level 4 Subjects: Physiology and Ageing, Laser and Pulsed Light Therapies, Spa Treatments (Hot Stone massage, Chocolate Back massage, "Spa Find" Salt/Mud Poultice Massage, Bamboo massage, Agera

Chemical peel, CACI Ultimate Non-surgical facelift), Consumer Awareness and Marketing, Personal Development, Work Related Learning.

- Level 5 Subjects: Advanced Massage (Abhyanga Massage), Advanced Treatment Technology, Salon and Spa management, Human Resource Management, Work Based Learning, Professional Development.

Additional training: Jane Iredale Mineral Make Up, Advanced Nutrition Programme Elemis (facial, deep tissue massage), Environ facial, 3D Lipo, Micro needling.

1950 Newcastle College, Newcastle Upon Tyne, England

Level 3 Active IQ Diploma (QCF)

Sports Massage Therapy 31/10/2017 - 05/2018

Subjects;

- Anatomy and Physiology (for sports massage)
- Principles of health and fitness
- Principles of Soft Tissue Dysfunction
- Professional practice in sports massage
- Sports massage treatments.

2015 South Tyneside College

Beauty Therapy Diploma Level 3

Overall mark; Merit

- Swedish Massage; Merit
- Aromatherapy Massage; Distinction
- Facial Electrotherapy treatments; Merit
- Body Electrotherapy treatments; Distinction
- Electrical Epilation; Merit
- Anatomy; Distinction

One-day-course: Gel Nails 05/11/14

2014 South Tyneisde College

Beauty Therapy Diploma Level 2

Overall mark; Merit

- Salon Reception duties; Pass
- Waxing; Distinction
- Make-Up application; Distinction
- Eyelash & Eyebrow treatments; Pass
- Manicure treatments; Merit
- Pedicure treatments; Distinction
- Acrylic Nails; Pass
- Facials treatments; Merit
- Product-and-services promotion to clients in a salon; Merit

Product Training:

May 2017 Elemis Environ CACI Agera Jane Iredale Mineral Make-Up

Newcastle College, Newcastle

Elemis facial

Elemis Deep Tossue Back Massage

Environ Facial

Agera chemical peel

CACI Non-surgical facelift

Jane Iredale Mineral Make-up Application

Hobbies and Interests

- Gym training
- Swimming
- Reading novels
- Sudoku puzzles

