

# Curriculum Vitae

**Female**

**D.O.B. 05 October 1997**

**Number of years working in industry: 9 years 7 months**

**Candidate ID Number:** 45364

**Nationality:** British

**Language Skills:**

Fluent: English

Basic: Spanish, French

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Beauty Therapist, Massage Therapist, Receptionist

## Personal Statement

I am a well presented and motivated spa therapist. I have excellent interpersonal communication skills, as well as an ability to effectively promote services and products to clients, that meet their specific needs. I can confidently carry out a variety of treatments; including, hands on facials, BIOTEC facials, Aromatherapy Massage etc. aroma stone massage, Deep Muscle Massage etc. bamboo massage, traditional Swedish massage, Body Wraps and Scrubs.

I am a confident, enthusiastic and hardworking individual. I enjoy working as part of a team and have the ability to work under my own initiative. I can comfortably work in a fast-paced, pressurised environment, where I effectively work to specific time scales and to meet my own weekly target which is set by the company expectations.

## Employment History:

**February 2018 - Present - Beauty Therapist** at (most recent employer hidden for confidentiality) carnival cruise lines , USA - United States, (Cruise Ship)

### Duties included:

- Promoting my services and interacting with guests
- Educating my guests before the treatment making sure they have picked the best treatment for their needs to get the best results
- Promoting the company's products during consultation and at the end of the treatment with aftercare
- Speaking to large groups, doing seminars and educating the team
- Keeping cleanliness, hygiene and safety of the spa
- Client care of high expectations
- Stock Inventory
- Reception work: answering the phone, booking in guests, and overall ensuring the guests receive great customer service

### Products worked with:

ELEMIS

ESPA

Jessica

Fake Bake

**July 2016 - February 2018 - Massage Therapist** at Q hotels , ashford kent , UK - United Kingdom, (5 Star Hotel Spa)

### Duties included:

- Providing clients with individual care tailored to their specific requirements
- Delivering aftercare advice
- Keeping the cleanliness and hygiene of the salon to an exceptional standard
- Ensuring that all equipment I work with is in safe working order
- Monitoring inventory levels of spa supplies and reporting any shortages

### Products worked with:

ELEMIS

ESPA

JESSICA

FAKE BAKE

### Education and Qualifications:

#### 2018 The Steiner Academy

- Elemis Biotec electrical facials (May 2018)
- Elemis qualifications gained at The Steiner Academy (May 2018)
- Red Ensign Maritime Training certificate of proficiency in personal safety and social responsibilities (March 2018)
- Red Ens

#### 2016 The Folkestone Academy

City and Guilds NVQ Beauty Therapy Level 2 Diploma City and Guilds NVQ Beauty Therapy Level 3 Diploma City and Guilds Hairdressing VQR level 2 Diploma Level 2 NVQ Award Ear Piercing

- Beauty therapy level 2-

Manicure, pedicure, facial skin care, waxing, applying make-up, eyelash/eyebrow treatments, salon reception, health and safety and client care/communication.

- Beauty therapy level 3-

Body massage treatments including hot stones and pre blended aromatherapy, full body massage, body wraps, spray tanning, selling services and products.

- Hair dressing level 2-

Salon reception duties, shampoo and blow drying, cutting techniques, conditioning treatments, hair colouring, perming, setting, plaits and twists and health and safety.

#### 2016 The Folkestone Academy

GCSE English - C

GCSE Maths - D

BTEC Science - Merit

BTEC Art and Fashion - Merit

### Product Training:

**February  
2018**

#### ELEMIS FACE AND BODY

I was Trained at the Steiner Academy also known as the onboard spa

Elemis biotec electrial facials

Elemis knowledge of face and body products

Elemis face and body treatments

**September  
2016**

#### ESPA Jessica manicure and pedicure Jessica Geleration Fake Bake spray tanning

- 1 week training with ESPA at The Ashford International Hotel
- 4 day training with Jessica manicure and pedicure at The Ashford International Hotel
- 1 day training with Jessica geleration at The Ashford International Ho
  - ESPA products
  - ESPA facial
  - ESPA back massage

- ESPA full body massage
- ESPA body wraps and scrubs
- ESPA hot stone massage
- ESPA shoulder, neck and scalp massage
- ESPA Rituals
- Jessica Manicure
- Jessica Pedicure
- Jessica Geleration
- Fake Bake Spray tanning

## Vocational Qualifications

- Red Ensign Maritime Training certificate of proficiency in personal safety and social responsibilities (March 2018)
- Red Ensign Maritime Training certificate of proficiency in security awareness (March 2018)
- Red Ensign Maritime Training certificate of proficiency in fire prevention and firefighting (March 2018)
- Red Ensign Maritime Training certificate of proficiency in personal survival techniques (March 2018)
- Red Ensign Maritime Training certificate of proficiency in elementary first aid (March 2018)
- Red Ensign Maritime Training certificate of proficiency in crisis management and human behaviour (March 2018)
- Red Ensign Maritime Training certificate of proficiency in crowd management (march 2018)

## Hobbies and Interests

my hobbies include, socialising, meeting new people, going to the gym, being around friends going out for dinners , exploring new places and trying new things

CV created at [www.spastaff.com](http://www.spastaff.com)

