

Curriculum Vitae

Male

D.O.B. 17 March 1987

Number of years working in industry: 9 years 6 months

Candidate ID Number: 44543

Nationality: Spanish

Language Skills:

Fluent: English, Spanish

Good: Portuguese

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Massage Therapist, Holistic Therapist

Personal Statement

My goal at this moment is to get as much experience as possible within the Sports Massage sector. I am a very empathic person with the ability of finding imbalances between structures of the body and capable to treat those.

Seeking work in national and international locations and cruise ships

Employment History:

August 2016 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Bournemouth, UK - United Kingdom, (Home/Mobile)

Duties included:

Carry out a functional assessment, with objective and subjective findings, followed by the signed consent of the client. Perform of passive, active and functional tests. Explanation of the treatment, signed by client and proceed with the treatment followed by advices and some stretches, strengthening exercises.

Products worked with:

Chemodol cream/lotion, Physique Oils and essences, Aromatherapy.

May 2015 - Present - Teaching Assistant at Autism Wessex, Bournemouth, UK - United Kingdom, (College)

Duties included:

Supporting students with Autism Spectrum Disorder in lessons, encouraging them to participate in learning activities by providing support, as appropriate, in their communication and interaction difficulties; cognition and learning; behavioural, dealing with challenging behaviour. Developing emotional and social needs and sensory impairment.

Products worked with:

Team Teach, Autism Foundation, First Aid at Work Qualification, Epilepsy awareness, Manual & Handling Techniques

Career Break - Job hunting

Education and Qualifications:

2016 Escuela de Quiromasaje, Quirosoma. Valencia (Spain)

Diploma

Chiro-massage

2017 Active IQ Level 3 Sports Massage Therapist, University of Bournemouth

Sports Massage Therapist Level 3 Diploma:

Theoretical and practical assessment.

- Neuromusculoskeletal system.
- Joints.
- Endocrine system.
- Muscular system.
- Cardiovascular system.
- Respiratory system.
- Skin.
- Digestive system.
- Urinary system.
- Effects of sports massage.

2013 University of Castilla La Mancha

Degree in Sports Sciences:

- Physical fitness and conditioning.
- Exercise physiology.
- Anatomy and biomechanics of human movement.
- Teaching and learning processes in physical activity and sport.
- Psychology of physical activity and sport.
- Health and physical activity.
- Adapted physical activity.

Vocational Qualifications

- Degree in Sports Science,
- Scuba Diving - Open Water Diver,
- First Aid at Work Qualification,
- Sports and Society,
- Inspiring Leadership through Emotional Intelligence,
- Nutrition and Health Level 2,
- Personal Trainer of Body-building and Fitness.

Hobbies and Interests

Yoga, Running, Football, Watersports, cycling, swimming, tennis, badminton, tennis table, basketball, hiking, climbing, reading.

CV created at www.spastaff.com

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