

# Curriculum Vitae

**Female**

**D.O.B. 30 April 1983**

**Number of years working in industry: 8 years 7 months**

**Candidate ID Number:** 44453

**Nationality:** British

**Language Skills:**

Fluent: English, Gujarati

Good: Hindi

Basic: German

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Holistic Therapist, Complementary Practitioner, Complementary Therapist

## Personal Statement

I am very passionate about the Reiki and Healing work that I do. I heal from a compassionate perspective from the heart. I am a professional Reiki Master, Teacher and Practitioner and provide Reiki healing, Chakra balancing and energy therapies to enable you to experience freedom from emotional, mental and physical imbalances. I embrace a heart-centred approach to provide a unique experience of deep healing which creates space for letting go of what doesn't serve you, aligning you to your true potential, achieving ultimate inner peace and abundant self-love.

The Sacred Self has been created to help you feel nurtured, inspired, balanced, free and most importantly happy. Through these techniques you will naturally experience an alchemical shift in energy leading to peace, joy and freedom. I lead my life and work with a compassionate and heart-centred approach to bring clarity of mind, balance of body, healing of the soul, and nurturing of our Sacred Self.

Seeking work in national and international locations

## Employment History:

**July 2017 - Present - Complementary Practitioner** at (most recent employer hidden for confidentiality) London, UK - United Kingdom, (5 Star Hotel Spa)

### Duties included:

Shaylini is a Reiki Master Teacher and Holistic Practitioner, Visiting Practitioner for a number of 5\* Hotels & Resorts Worldwide, Huffington Post Blogger, Nutrition, Health and Wellness expert, Columnist and Feature Writer and the inspiring creator of The Sacred Self. She provides Reiki healing, Chakra balancing, Meditation and energy therapies to help experience freedom from emotional, mental and physical imbalances.

Through her heart-centred approach, she provides a unique experience of deep healing which will enable you to let go of what doesn't serve you, align you to your true potential and help you achieve ultimate inner peace and abundant self-love. The Sacred Self has been created to help you feel nurtured, inspired, balanced, free and most importantly happy.

Through Shaylini's techniques you will naturally experience an alchemical shift in energy leading to peace, joy and freedom. Shaylini leads her healing with a compassionate and heart-centred approach to bring clarity of mind, balance of body, healing of the soul, and nurturing of our Sacred Self.

## Education and Qualifications:

**2015 The IIHTVH**

Reiki Level 1

- Reiki Level 1 - Laura Smith (Reiki Master - The IIHTVH)
- Reiki Level 2 - Laura Smith (Reiki Master - The IIHTVH)
- Reiki Level 3 and 4 - Laura Smith (Reiki Master - The IIHTVH)
- Chakra Balancing Indian Head Massage - CNM. London
- Meditation and spirituality are deeply rooted in my upbringing

## Hobbies and Interests

I greatly enjoy dancing, reading and being in nature.

CV created at [www.spastaff.com](http://www.spastaff.com)

