



# Curriculum Vitae

**Male**

**D.O.B. 28 March 1985**

**Number of years working in industry:**

**17 years 3 months**

**Candidate ID Number:** 42406

**Nationality:** Romanian

**Language Skills:**

Good: English

**Permitted to work in:** European Union, UK - United Kingdom

**Position Sought:** Spa Co-ordinator, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist

## Personal Statement

Seeking work in international locations and cruise ships

## Employment History:

**July 2016 - Present - Senior Rehabilitation Coach** at (most recent employer hidden for confidentiality)  
Peterborough, UK - United Kingdom, (Hospital / Medical Clinic)

### Duties included:

- Lead the team on a day to day basis
- Be involved in staff interviews
- Assisting patients with personal care when required: bathing/showering, dressing, meals, toileting, activities of their choice
- Assisting patients with their mobility, using assistive devices such as arjo hoist, standing hoist, re-turn, cane, walkers, repositionings to prevent pressure sores, according to their care plan, using appropriate and safe manual handling techniques
- To work within the multidisciplinary team to facilitate rehabilitation as directed by the individual rehabilitation prescriptions and Personal Rehab Plans;
- Assisting Physiotherapists and Therapy Technicians using the equipment in clients mobility and rehabilitation such as therapeutic baths, ceiling hoist, tilt table, treadmill, parallel bars
- Setting up equipment
- Demonstrating and working through exercises with patients
- To respect the uniqueness of each person, to act in a non-judgmental manner and promote dignity, rights and choice of the individual at all times.
- To work with individuals to establish their goals and how they would like to achieve them.
- To meet an individual's physical and personal care needs to a high standard and with sensitivity promoting dignity and independency
- To demonstrate awareness, and evidence on a daily basis, of why feelings matter most to individuals
- To present a positive approach towards people, not using controlling language or actions
- To meet all legal requirements within the context of promoting rights, measuring and reducing risk. This includes but is not limited to safeguarding, mental capacity, medication administration and equality
- To support colleagues and act as an example and mentor at all times

**April 2014 - September 2016 - Senior Therapist** at Huntingdon SPA, Huntingdon, UK - United Kingdom, (Day Spa)

### Duties included:

- Gathering informations from clients about symptoms, medical history, and desired results

- Evaluate clients to locate painful or tense areas of the body
- Manipulate muscles or other soft tissues of the body
- Provide clients with guidance on stretching, strengthening, overall relaxation, and how to improve their posture
- Document client's condition and progress.
- Applying of Swedish massage
- Applying of therapeutic massage
- Applying of Deep tissue massage
- Applying of Tension Release Massage
- Applying of Indian Head massage
- Applying of Reflexology
- Applying of Thai Foot massage.
- Applying of Special Techniques, stretchings and manipulations.
- Hopi Ear Candle

**February 2016 - July 2016 - Health Care Assistant** at PJ Care Ltd, Peterborough , UK - United Kingdom, (Hospital / Medical Clinic)

**Duties included:**

- To work closely and support Rehabilitation Team
- To support Physiotherapists and Therapy Technicians, using the equipment designated for rehabilitation according to patients care plan and assisting them with exercise under the supervision of the Physiotherapist: stretchings, postural drainage, cough assist, passive movements
- Recognising and understanding of neurological conditions such as: Guillain-bare syndrome,
- Cardiovascular accident, Multiple Sclerosis, Huntington Disease, Upper Neuro motor disease, Brain injury, Spinal Cord Injuries.
- Assisting patients with personal care when required: bathing/showering, dressing, meals, toileting, activities of their choice
- Assisting patients with their mobility, using assistive devices such as arjo hoist, standing hoist, re-turn, cane, walkers, repositionings to prevent pressure sores, according to their care plan, using appropriate and safe manual handling techniques
- To provide care in accordance to the individual resident's care plans under the direct and indirect supervision of the Lead/Registered Nurse in Charge
- To participate as a full member of the nursing team in the assessing, planning, implementation and evaluation of individual care plans
- To provide ongoing monitoring, support and assessment of all residents needs
- To promote personal, social skills and social and leisure activities for all residents
- Report to the Nurse in Charge and record in the residents nursing record all care/nursing interventions and any observations as directed
- Monitor all residents' movements continuously and report any concerns to the Nurse in Charge
- To relate to relatives and carers with empathy
- To follow Company Policies & Procedures at all times

**February 2014 - January 2016 - Health Care Assistant** at Four Seasons Health Care, Huntingdon, UK - United Kingdom, (Hospital / Medical Clinic)

**Duties included:**

- Taking care of patients
- Helping them with basic needs
- Providing breakfast and other meals
- Helping disabled patients get around
- Making patients comfortable
- Keeping patient records

**October 2013 - February 2014 - Senior Therapist** at Biary SPA, Timisoara, Romania, (Day Spa)

**Duties included:**

- Scheduling massage sessions
- Preparing massage room
- Applying of Swedish massage
- Applying of anti-cellulite massage
- Applying of therapeutic massage
- Applying of special massage techniques

**November 2008 - December 2013 - Massage Tutor/Trainer** at Eurotraining, Timisoara, Romania, (College)

**Duties included:**

- Preparing of students
- Providing training course
- Assessment of trainees
- Implementation of special training methods and massage techniques
- Training of marketing
- Training programs
- Organizing training sessions depending on the level of qualification

**October 2011 - November 2013 - Massage Therapist** at World Class Academy, Timisoara, Romania, (Health Club)

**Duties included:**

- Scheduling massage sessions
- Preparing massage room
- Applying of Swedish massage
- Applying of anti-cellulite massage
- Applying of therapeutic massage
- Applying of special massage techniques

**Education and Qualifications:**

**2016 Romanian Yumeiho® Society**

Certificate

- 15.02.2010 - Graduation certificate - TRAINER - S.C. Business Like S.R.L, Timisoara, Romania;
- 24.04.2010 - Graduation certificate - 1st degree in Yumeiho Therapy - Romanian Yumeiho® Society;
- 24.04.2010 - Graduation certificate - 2nd degree in Yumeiho Therapy - Romanian Yumeiho® Society;
- 30.01.2011 - Graduation certificate - Internship training in Yumeiho Therapy - Romanian Yumeiho® Society;
- 08.10.2011 - Graduation certificate - Internship training in Yumeiho Therapy - Romanian Yumeiho® Society;
- 01.04.2012 - Graduation certificate - Internship training in Yumeiho Therapy - Romanian Yumeiho® Society;
- 29.09.2016 - Graduation certificate - Internship training in Yumeiho Therapy - Romanian Yumeiho® Society

**2016 Huntingdon Regional College**

Level 3 Certificate

- Swedish massage
- Aromatherapy
- Hot Stone massage
- Indian head massage
- Hopi Ear Candle

**2008 University of West - Physiotherapy**

Anatomy, Fisiology, Kinesiology bases, Massage techniques, Pedagogy

Bachelor degree

CV created at [www.spastaff.com](http://www.spastaff.com)

