

# Curriculum Vitae

**Female**

**D.O.B. 03 October 1977**

**Number of years working in industry:**

**12 years 3 months**



**Candidate ID Number:** 42209

**Nationality:** Filipino

**Language Skills:**

Fluent: English, Tagalog, Kapampangan

Basic: French, Italian, Arabic

**Permitted to work in:** Philippines

**Position Sought:** Spa Consultant, Spa Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Receptionist, Area Sales Representative, Retail Professional, Membership Sales Professional

## Personal Statement

As of my many years of experiences with the fields of job i have handled and skills i gained , i can say that it is my best advantage to other applicant for the position i am applying for and with my qualities as a persevere and hardworking person, with high initiatives and very strategic mind to increase revenue of the business to be handled.

Seeking work in international locations or cruise ship

## Employment History:

**November 2024 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) Doha, Qatar, (5 Star Hotel Spa)

### Duties included:

- Providing health information profile with every guest and ask if they have any part of their body to concentrate or avoided
- Book for incoming calls/inquiries to the booker and tour guest as necessary to the whole recreation and spa area
- Trained with the signature massage of the spa, different types of facial services and body scrub and ensuring supplies and do inventory for the spa
- Do reception job if the receptionist is unavailable such as receiving payment, order taking of food, assist guest within the facility and lockers with their needs
- Submits email end of the Daily sales report and Daily input to room division manager and finance department

### Products worked with:

Biologique

**Career Break - Training - industry-related**

**May 2022 - October 2024 - Senior Therapist** at Aqua Boutique Hotel, Mahe, Seychelles, Seychelles, ( Hotel Spa)

### Duties included:

- Providing high end treatments like different massages, body scrubs and facial services to hotel guest and walk in
- Provides health consultation and follow SOP standard before the treatment like assessing the guest regarding their health related issues
- Maintaining the cleanliness of spa
- In charge of booking in spa
- Assigned to the front office as receptionist whenever spa is not busy and check in arrivals and departure , taking payments and assist guest regarding their other needs
- Assigned also for front office for check in and departure assistance of guest , payments and other needs

**Products worked with:**

The Ordinary

**Career Break - Training - industry-related**

**June 2017 - December 2019 - Massage Therapist** at Kempinski Hotel - Al khobar, Al khobar, Saudi Arabia, Saudi Arabia, (5 Star Hotel Spa)

**Duties included:**

- Provides different types of massages, facials and body scrub as per hotel standard
- Ensure the cleanliness of the treatment rooms and refill towels
- Provides health consultation and welcomes guest
- Ensuring the SOP of the hotel is followed
- Submits email like end of the day sales revenue report and Daily input to the rooms division manager and finance department

**Products worked with:**

Kirsten Florian

**March 2009 - March 2011 - Massage Therapist** at Four Seasons Day Spa, Cainta Rizal, Philippines, (Day Spa)

**Duties included:**

- > Providing health information profile with every guest and ask if they have any part of their body to concentrate or avoided
- > Book for incoming calls/inquiries to the booker and tour guest as necessary to the whole recreation and spa area
- > Trained with the signature massage of kempinski the spa, different types of facial services and body scrub and ensuring supplies and do inventory for the spa
- > Do reception job if the receptionist is unavailable such as receiving payment, order taking of food, assist guest within the facility and lockers with their needs

**Products worked with:**

Worked for bio essence facial products

**March 2005 - May 2010 - Massage Therapist** at Green Day Spa, Cainta Rizal, Philippines, (Day Spa)

**Duties included:**

- > Assist and ask clients for the best result they want to achieve during the session
- > Providing Health Profile Information to ensure the medical history/ condition of the client before the session of the massage

- > Planning for the weekly budget and supplies of the spa
- > Applying necessary treatment requested by the client
- > Ensuring enough supply for specific period of time

#### **Products worked with:**

- > Bio Essence

#### **Education and Qualifications:**

##### **2022 London Wellness Academy -Intramuros Manila ( under TDG)**

**2017**

Swedish Massage, Reflexology, Shiatsu Massage

##### **2016 TESDA - Cainta Rizal Philippines**

Certificate # 1900-16-MAT-077

MAT NC II - Massage and Therapy Course such as Shiatsu , Swedish, Reflexology with Most Excellent Awardee Certificate

##### **1998 AMA Computer University - Philippines**

Associate Degree in Computer Secretary - Belongs to Top 10 Graduating Class

##### **1998 University of Perpetual Help Cavite Philippines**

Bachelor of Science in Hotel and Restaurant Management

#### **Product Training:**

**October 2017**      **Kirsten Florian**

Josephine Escanillas

**Kirsten Florian Facial and Body Scrub Products such as Caviar anti-aging products, Aloe vera gel, Algae and Spirulina Mask, Neroli Milk, Cleansing Gel/Toner, Lip Balm, Brightening, Hydrating and SPF 30 Creams, Slimming Wrap products such as Hippi hip**

Kempinski Hotel Conference room 1

Proper procedure on facial treatment application, body scrub etc.

#### **Vocational Qualifications**

Practicing Swedish, Indian Head Massage (Ayurvedic), Shiatsu, Reflexology, Thai, Ear Candling, Balinese, Proficient in Ms Word Applications such as MS word, Excel, Powerpoint Presentation, CRM software, Outlook, and other internet applications, baking bread and pastry, Basic first aid

#### **Hobbies and Interests**

Reading , Listening to music, watching t.v, swimming, singing cooking and baking

CV created at [www.spastaff.com](http://www.spastaff.com)