

# Curriculum Vitae

**Female**

**D.O.B. 14 December 1972**

**Number of years working in industry:**

**12 years 11 months**



**Candidate ID Number:** 42069

**Nationality:** Chilean

**Language Skills:**

Fluent: Spanish

Good: English, French

Basic: Portuguese

**Permitted to work in:** Chile

**Position Sought:** Spa Consultant, Regional Senior Manager, Spa Manager, Spa Co-ordinator, Assistant Manager, Head Therapist, Treatment Manager / Spa Trainer, Senior Therapist, Massage Therapist, Holistic Therapist, Complementary Therapist, Yoga / Pilates Teacher, Reiki Therapist

## Personal Statement

- I am a high-energy therapist and compassionate person with a strong believe that I can make a difference.
- Seeking work in international locations and be an asset for the company and at the same time I want to nourish my self and continue with my personal and professional growth.

## Employment History:

**September 2017 - Present - Massage Therapist** at (most recent employer hidden for confidentiality) National Park Torres del Paine, Patagonia, Chile, (5 Star Hotel Spa)

**Duties included:**

- Asses clients needs and enquire about contraindications and desired results.
- Assisting in all areas of spa operation, as requested by management.
- Keep the spa clean and tidy
- Welcome the guests and show them the facilities and our services menu.
- Providing consistent professional treatments, in accordance with spa protocol's and accepted certification practices.
- Work with the spa team.

**Products worked with:**

- We worked with Casmara products for facials.

**Career Break** - I worked in the creation, production and sale of new cosmetic products.

**July 2019 - Present - Spa Manager** at Hotel Vik Chile, Sexta Region, Chile, (5 Star Hotel Spa)

**Duties included:**

- In charge of oversees all aspects of the operations of the spa including managing staff, overseeing facility maintainance, developing budgets and creating marketing and promotions campaigns
- Staff related duties hiring, training and scheduling employees.

**Products worked with:**

Selvert and Casmara

**January 2014 - July 2017 - Entrepreneur and Therapist** at Campoterapias, Madrid and Avila, Spain, (Home/Mobile)

**Duties included:**

- Promotion of services and benefits of homemade massage.
- Search current information of new holistic therapies, massages and body treatments.
- Perform a tailored and unique massage experience through the use of natural products.
- Educate about the importance of body care from an holistic approach.
- Handmade elaboration of some of the products and tools used in the massage session.

**Career Break** - I worked in the creation of new products.

**May 2016 - October 2016 - Massage Therapist** at Hotel Paraiso del Tietar, Avila, Spain, ( Hotel Spa)

**Duties included:**

- I created a new massage menu for the summer season 2016, designed to offer a variety of new and trending treatments to our guests, using local and organic products.
- Skillfully completed all treatments, including scrubs, wraps and massages.
- I worked without direct supervision
- Maintaining a complete knowledge and understanding of all services and products offered..

**Career Break** - Training - industry-related

**November 2013 - January 2015 - Massage Therapist** at Hotel Cumbres, Puerto Varas, Chile, (5 Star Hotel Spa)

**Duties included:**

- Performing prep work as well as properly cleaning and restocking room as required.
- Effectively informing and educating guests about specific wellness concerns.
- Consistently increase client satisfaction through skillful service and friendly manner.
- Cover some shifts at the spa reception.
- Welcome customer with a genuine warm attitude and showed them the spa's facilities.

**Career Break** - Traveling

**December 2012 - April 2013 - Massage Therapist** at Cruise Nomads of the Seas, Puerto Montt, Chile, (Cruise Ship)

**Duties included:**

- Thanks to my previous work experience and language skills, I was also hired as a Hostess.
- Possessing the ability to work without direct supervision.
- Welcome and acknowledge all guests according to company standards.
- Perform a wide range of massages.

**August 2012 - December 2012 - Massage Therapist** at The Cliffs Preserve at Patagonia, Puerto Varas, Chile, (5 Star Hotel Spa)

**Duties included:**

- Provide wellness and guidance advice to clients.
- Listen and take care of client's concerns and queries politely and effectively.
- Provide instant, exact, and suitable responses to requests made by guests.
- Performed all the treatments focusing on creating a multidimensional experience-wellness, nourishment and relaxation.

## **Education and Qualifications:**

### **2018 Raison d'Etre , Sweden.**

level

Spa Managment

### **2018 School of Chiang Mai, Thailand**

Thai Massage

### **2012 EMBA School, Chile.**

Diploma in Massage Therapy

Massage techniques ; deep tissue, hot stones, relaxing, Lymphatic drainage and sport massage

### **2009 Fundación Sauce, Spain**

Diploma in Reiki Therapist

Reiki is an ancient Japanese healing technique in which hands are placed just off the body and the practitioner transmit universal life energy to client. During the 9 month course they taught us different hand postures, energy body anatomy, evaluation of clients, professional ethics.

### **2018 School of Business Rain d'Etre**

### **2018 Dhara school of Chiang Mai**

- School leaving certification in Thai massage.

## **Vocational Qualifications**

- Scuba Diving
- International Cuisine
- First Aid
- Kriya Yoga workshop.

## **Hobbies and Interests**

- I practice Yoga, chi-kung, cycling, trekking and meditation.
- I love camping, knitting, cooking, travelling, swimming and painting and re-decorate houses.
- I like gardening and looking for treasures in second hand shops.

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