

# Curriculum Vitae

## Female

**Number of years working in industry:**

**10 years 1 month**



**Candidate ID Number:** 41279

**Nationality:** British, Russian

**Language Skills:**

Fluent: English, Russian

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Massage Therapist

## Personal Statement

I am ambitious and enthusiastic person with a positive attitude towards life and people

i like to meet new experience in life( e.g (Travelling and learning different cultures) which allow me to grow as individual and improving my skills

Massage always was my passion since I was teen girl .i was learning a lot of different techniques and practicing them on my friends and family. I learnt a lot through practice .

For the last 10 month I have been travelling around Asia learning and practicing massage new types and unique techniques in countries like Sri Lanka and Indonesia .i have felt honored to be able to learn from authentic real sources and have an amazing experience in practicing new skills in local spas .

I am finishing my Asian trip now and currently seeking work in European countries and very excited about utilizing my new skills and help people

## Employment History:

**January 2006 - February 2016 - Massage Therapist** at (most recent employer hidden for confidentiality) UK , UK - United Kingdom, (Home/Mobile)

**Duties included:**

Providing a good quality personalised massage service and treatments

Beauty treatments

Sweedish massage

Aromatherapy

Deep tissue massage

Reflexology

Hot stone massage

Nutrition

Therapeutic massage/healing

Ayurvedic massage and body treatments

Pinda /hot herbal massage / treatment

Shiradara

Body scrubs,masks and wraps

Facial massage and treatments

Manicure

Pedicure

Hair treatments

microdermabrasion

tasonic scrubber

hydtofscial

### **Products worked with:**

Naturals olis

### **Education and Qualifications:**

#### **2016 Local traditional spa**

In Sri Lanka p

- Ayurvedic massage
- Deep relaxation massage
- Deep tissue massage
- Reflexology
- hot stone massage
- Beauty treatments
- Nutrition
- Therapeutic massage/healing
- meditation

### **Product Training:**

#### **February**

**2017**

DaySpa UK

Local Spas Country of Sri Lanka

Local Spas Country of Indonesia

Natural oils

Thaigo marine body scrubs

Emelise exotic face and body

Dead Sea scrubs and facial

Elizabeth Arden facial

### **Vocational Qualifications**

English bachelor in teaching

### **Hobbies and Interests**

Modelling, fashion, hiking, healthy food

SPA STAFF. COM

