

# Curriculum Vitae

**Female**

**D.O.B. 25 November 1974**

**Number of years working in industry:**

**20 years 0 months**



**Candidate ID Number:** 40996

**Nationality:** Italian

**Language Skills:**

Fluent: English, Italian

Good: Spanish

Basic: French

**Permitted to work in:** European Union

**Position Sought:** Spa Manager, Head Therapist, Senior Therapist, Beauty Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist, Nail Technician, Retail Professional, Stew/Massuse

## Personal Statement

Experienced and versatile spa professional with expertise in nail technology, spa products, and a wide range of massage and beauty techniques, including Swedish, sports, deep tissue, lymphatic drainage, and Thai massage. Skilled physiotherapist with knowledge of specialized skincare brands and proficiency in operating electromedical machines. Accomplished in providing exceptional customer service, managing heads and beds, overseeing laundry and linens, and ensuring meticulous interior detailing. Proficient in Italian and Mediterranean cuisine and experienced in flower arranging and care. A dedicated professional who consistently delivers high-quality services, creating a truly memorable experience for clients

Seeking work in national and international locations and cruise ships

## Employment History:

**December 2024 - January 2025 - Temporary Therapist** at (most recent employer hidden for confidentiality) Davos Dorf, Swaziland, (5 Star Hotel Spa)

### Duties included:

Provided specialized massage treatments such as deep tissue, sports therapy, stretching techniques, lymphatic drainage, and reflexology, utilizing advanced electro-medical equipment to enhance results

**May 2024 - September 2024 - Massage Therapist** at M/Y 50+ Private Yacht, Cruise ship, (5 Star Hotel Spa)

### Duties included:

- Skilled in beauty treatments: manicures, pedicures, waxing, facials, body treatments.
- Proficient in housekeeping: cabin preparation, cleaning, laundry, and turn-down service.
- Strong table setting and formal/informal dining service skills.
- Exceptional guest service with discretion and attention to detail.
- Experience with spa equipment and luxury product management.
- Team-oriented and adaptable in high-pressure environments.
- Provided therapeutic massage services under an undisclosed private contract.

**December 2021 - January 2024 - Massage Therapist** at Studio di Terapia Fisica Rehabilitation , Italy , (5 Star Hotel Spa)

**Duties included:**

- Performed massage therapies including Deep tissue, Sports massage, stretching, Lymphatic drainage, and Reflexology using an electro-medical machine.

**November 2017 - February 2018 - Massage Therapist - Beautician** at Yacht , South Africa, (5 Star Hotel Spa)

**Duties included:**

Performed beauty & masseuse therapies including: Hot stone massage, Aromatherapy skin care ,and body treatment with phitomer products, Swedish massage,Deep Tissue, Manicure & pedicure, waxing, Body Scrub. Provided therapeutic massage services under an undisclosed private contract.

**December 2015 - March 2017 - Senior Therapist** at Park hotel Gstaad , Gstaad, Swaziland, (5 Star Hotel Spa)

**Duties included:**

My main job was SPA treatments,Massage, manicure,pedicure,electromedical machine use, Waxing, responsabile Of The SPA stock taking order , rota , clening, saling.

**Products worked with:**

Elemis,guinot,Aromatherapy Association,sisley,Decleor,

**March 2014 - March 2015 - Senior therapist** at Katara Yatch,Amiri, Yatch, (Cruise Ship)

**Duties included:**

- Hot stone massage
- Decléor pureté aroma facial
- Aromatherapy skin care and body treatment with Decléor Products
- Men's facial with scalp massage
- Swedish massage
- Manicures and pedicures
- Waxing
- Deep tissue massage
- Lymphatic drainage massage with Decléor oil
- Soleil Levant Decléor treatment (ritual to prepare the skin for exposure to the sun)
- Body wrap treatment (for water retention)
- Manicure and pedicure with Shellac
- Make up

**Products worked with:**

Decléor

**March 2013 - March 2014 - Massage Therapist** at Grand Hotel Villa Castagnola, Lugano, Switzerland, (5 Star Hotel Spa)

**Duties included:**

- Oriental Massage
- Lomi lomi Massage
- Thai Massage
- Deep Stretching
- Lymphatic Drainage

**March 2012 - March 2013 - Massage Therapist** at Freelance , London, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

- Massage Therapist Private clients, and collaboration with physiotherapist clinic
- Oriental Massage
- Lomi lomi Massage
- Hot stone therapy
- Swedish massage
- Physiotherapy massage

**March 2009 - March 2011 - Spa Manager** at Jk. Place Hotel , Capri, Italy, (5 Star Hotel Spa)

**Duties included:**

- Spa Manager Responsable of the SPA
- Oriental Massage
- Lomi lomi Massage
- Hot stone massage
- Facial
- Waxing
- Pedicure and Manicure
- Body wrap slimming treatment with Alga Guam Products
- Massage Therapist Responsable of the stocking products
- Lymphatic Drainage Massage
- Deep Tissue Massage
- Valmont Rejuvenation facial
- Intensive chrono cellular lifting facial Valmont
- Men's facial Valmont
- Warm candle massage with aroma fragrance
- Body polish
- Manicure and luxury pedicure
- Shellac manicure - pedicure

**March 2008 - March 2009 - Beauty Therapist** at Aqua Spa, Sanderson Hotel, London, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

- Beauty Therapist Responsable of Aromatherapy associates products
- Deep Tissue Massage
- Facial Treatment
- Luxury Manicure and pedicures with Paraffin Wax Treatments
- Aromatherapy body and face (aromatherapy associates products)
- Hot stone therapy
- Lymphatic Drainage massage
- Men's facial with Scalp massage
- Shellac manicure - pedicure

**March 2007 - March 2008 - Spa Manager** at Annalisse Yacht, Monte Carlo, Sud of France, (Cruise Ship)

**Duties included:**

Spa Manager

**March 2006 - March 2007 - Beauty Therapist** at Browns Hotel, London, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

- Dermalogica facial
- Reflexology
- Lymphatic Drainage Massage
- Deep Tissue Massage
- Manicures and pedicures

**Products worked with:**

Dermalogica facial

**March 2000 - March 2006 - Beauty Therapist** at Carlton Tower Hotel, London, UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

- All treatment - concerned with beauty and massage with Clarins products
- Clarins tri-active facial
- Relaxing, rejuvenating facial
- Men's de-stressed facial
- Anticellulite body massage
- Lymphatic drainage massage
- Reflexology
- Aromatherapy face and body massage
- Clarins hot stone Body polish and massage
- Luxury manicure and pedicure
- Body waxing
- Make up

**Products worked with:**

- Clarins

**March 1999 - March 2000 - Massage Therapist** at Steiner , Atlantic , (Cruise Ship)

**Duties included:**

- Hot stone massage
- Elemis Facial
- Swedish massage
- Luxury Manicures and pedicures (O.P.I.)
- Waxing

**Products worked with:**

Elemis

**March 1999 - March 1999 - Spa Consultant** at Riccione Emilia, Romagna , Italy, (5 Star Hotel Spa)

**Duties included:**

- Physiotherapy massage,
- Mud treatments,
- Electromedical machine
- Reflexology
- Lymphatic Drainage Massage
- Deep tissue massage
- Sport massage
- Body wrap
- Foot massage with Paraffin wax treatment

**March 1997 - March 1998 - Massage Therapist** at Montecatini Terme, Italia, Italy, (5 Star Hotel Spa)

**Duties included:**

- Aesthetic Massage and Therapeutic Massage
- Beauty Massage
- Reflexology
- Lymphatic Drainage Massage
- Deep tissue massage
- Sport massage

- Body wrap
- Foot massage with Paraffin wax treatment

## **Education and Qualifications:**

### **2014 Terme Redi di Montecatini Terme(pt) Italy**

Corso di Massofisioterapista Montecatini Terme Italy

- 1990-1994 Physiotherapist Diploma - Montecatini Terme - Italy
- 1992 - 1994 Therapy Equipements Certificate - Pescia, Italy
- 1999 - 2000 Elemis Certificates in. Aroma Spa Treatments therapy
- Aroma Pure Face and body treatment therapy - London
- 2006 - 2007 Caci Ultra Micro Corrent Face/Therapy Equipment - London England
- 2006 Dermalogica (Face Certificate) London, England
- 2008 - 2009 Aroma Therapy Association (Aroma Body and Face Certificate) - London, England
- 2013-2014 Lomi Lomi Massage, Biologique Recherche Face and Body with elettromedical machine

## **Product Training:**

### **January 2000 Clarins**

- Clarins in London
- Facial, Massage, body wraps and Body scrub,
- elemis body and face
- Aromatherapy association body and face treatment.
- O.p.I Nails manicure and pedicure

## **Vocational Qualifications**

Stcw,first Aid

## **Hobbies and Interests**

I love travelling, swimming, cook,painting,

CV created at [www.spastaff.com](http://www.spastaff.com)

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