

Curriculum Vitae

Male

D.O.B. 19 December 1994

Number of years working in industry:

10 years 2 months



Candidate ID Number: 40986

Nationality: Australian, British

Language Skills:

Fluent: English

Permitted to work in: Australia, UK - United Kingdom

Position Sought: Fitness Professional

Personal Statement

My motivation in truly making a difference in client/guest lives is a great asset of mine. To see their transformation is the greatest feeling. Being a result based trainer is essential to not only install confidence in your clients, but also to continue to develop and gain more confidence in your own personal attributes.

Seeking work in international locations

Employment History:

September 2016 - Present - Fitness Professional at (most recent employer hidden for confidentiality) Double Bay, Sydney, Australia, (Health Club)

Duties included:

- Provide Personal Training Sessions
- Provide Group Sessions
- Provide customised nutritional advice
- Constant upkeep of the gym environment

Career Break - UK Cricket Contract

December 2015 - Present - Fitness Professional at Owner/Founder, Worldwide, Australia, (5 Star Hotel Spa)

Duties included:

- Outdoor Bodyweight HIIT Bootcamp
- Provide Personal Training Sessions
- Fitness Blog
- Online Personal Training
- Customised Exercise and Nutrition Programs

Education and Qualifications:

2015 FIA Fitnation Sydney

Certificate III and IV in Fitness

Personal Fitness Trainer

2013 The Scots College

High School Certificate - Pass (PDHPE, Geography, Hospitality, Maths, English)

Vocational Qualifications

Senior First Aid and CPR

Bronze Medallion

Bronze Duke Of Edinburgh

Hobbies and Interests

Former Professional Cricketer, Love Travelling and have a true passion for transforming clients lives

CV created at www.spastaff.com

