

# Curriculum Vitae

**Female**

**D.O.B. 09 March 1971**

**Number of years working in industry: 13 years 0 months**

**Candidate ID Number:** 40646

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Head Therapist, Senior Therapist, Beauty Therapist, Massage Therapist, Holistic Therapist, Fitness Professional, Receptionist, Retail Professional

## Personal Statement

Possess great communication skills including a sense of empathy. Great people person with kind caring nature. A good listener and adviser on anything including signature products & treatments.

A punctual individual who arrives at the job with plenty of time to prepare for the day and also understands the punctuality throughout the day with tight schedules.

Reliable and able to be flexible with different shifts and understanding the changes in schedule due to client and Therapist cancellations.

A highly presentable person who has good hygiene standards in person and in the cleanliness of the surrounding.

Fit, healthy and motivated to function well under physical pressure.

Practicing regular necessary exercises and stretching techniques to avoid body dysfunctions.

Seeking work in national and international locations and cruise ships

## Employment History:

**August 2016 - Present - Massage & Beauty specialist** at (most recent employer hidden for confidentiality) London Central and surrounding, UK - United Kingdom, (5 Star Hotel Spa)

### Duties included:

Greeting clients on arrival. Showing them around the spa.

Checking in some reception duties. Answering calls.

using computer system

Massage Therapy, Swedish, Sports, deep tissue.

Body scrubs, body brushing. Water treatments, scrubs mask and body wraps.

Hamman Moroccan treatments

Beauty treatments- facials, manicures pedicures, waxing, eyebrow tinting & shaping, eyelash tinting. Nail Art.

Lava shells massage. Glacial detox shells treatment

general cleaning duties, keeping spa clean tidy. Giving out refreshments and replenishing fruit and drinks.

Advising clients on injury management or general pain. Solving problems.

General close down procedures.

**Products worked with:**

ESPA,  
Dermologica,  
Elemis,  
La Sultane de Saba

**September 2015 - Present - Massage & Beauty Specialist** at Karma Mama, , Hendon, Colindale, Highgate, Hampstead, Camden, UK - United Kingdom, (Home/Mobile)

**Duties included:**

This was events Massage and mobile with another Therapist  
attending large fares and some clients homes, offices to do manicures, Pedicures, onsite Massage.  
Talking to clients offering 10 minute treatments. Taster massage and beauty treatments. Some flyer designing.

**Products worked with:**

Neals Yard  
Home made natural products made by company

**Career Break - Bereavement**

**October 2011 - May 2014 - Massage Therapist** at Active connection/ Sanctuary spa London Covent Garden , Covent Garden London , UK - United Kingdom, (5 Star Hotel Spa)

**Duties included:**

Greeting Clients  
Client care consultation  
Massage Therapy including Some Sports or injury management. Mainly relaxing Holistic Massage.  
training for Hot Lava shells 2 days CPD  
training for Glacial detox Shells 2 days CPD with PZ cussions  
Training 1day for Rose Ritual water gardens treatment. Body scrub and body mask with Sanctuary salts and mask.  
wrapped while having facial with La Sultane de Saba products.

**Products worked with:**

Worked with  
Sanctuary spa products,  
Aromatherapy associates  
La Sultane de Saba

**Education and Qualifications:****2014 Scola adult education Wallington**

ITEC international diploma

- Beauty Specialist
- facials
- waxing
- eyebrow shaping and tinting
- Nail Art

- eyelash tinting and extention

### **2013 Scola adult education Wallington**

NVQ level 2

Mentoring NVQ level 2

### **2012 Calat adult education, Croydon**

ITEC international diploma

Sports massage

### **2012 Calat adult education, South Norwood, London**

CYQ YMCA Fitness Instructor

Fitness Instructor CYQ level 2

### **2011 Scola adult education, Wallington**

ITEC international diploma

Swedish massage ITEC international / equivalent to NVQ

### **1987 St James Altham**

Maths, Science, Home economics, English

## **Product Training:**

### **October 2013 Dermologica**

Wallington London

Scola Adult education

different ranges of Dermologica. Ingredients uses. Treatments.

Facial analysis

## **Hobbies and Interests**

Internet surfing, reading, cooking, photography, art

CV created at [www.spastaff.com](http://www.spastaff.com)

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