

Curriculum Vitae

Female

D.O.B. 14 March 1982

Number of years working in industry: 17 years 3 months

Candidate ID Number: 37606

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Head Therapist, Senior Therapist, Skin Clinic Therapist, Massage Therapist, Holistic Therapist

Personal Statement

I have previous experience in spas and beauty clinics including Hotels such as Utopia spa, four seasons and the Sanctuary day spa in Covent Garden, London. I have taken a more holistic route from my original beauty training by learning and applying more advanced massage techniques and I have a strong interest in wellness and mindfulness. I have recently furthered my studies by leaning Reiki, Myofascial and Reflexology. I try to keep up with latest trends in the industry.

I have excellent customer service skills and I am capable of giving a client a 5* experience by making them feel at ease, understanding their concerns and being able to recommend and upsell products and treatments that fit well with their needs. Every client is unique and the service they are given should reflect that.

I can work well alone or as part of a team and would love to further my career in a new environment

Seeking work in international locations

Employment History:

July 2016 - Present - Massage Therapist at (most recent employer hidden for confidentiality) London and Kent, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

Temp Spa therapist in various hotels and Spas, and visiting people at home. I do this when I have more free time and to keep up with my skills and knowledge I have been doing thos ongoing since 2011

- Utilize specific massage technique for the health and well-being of client
- Develop rapport and build client relationships
- Upsell other treatments and longer massage times

Products worked with:

Elemis and Tisserand

April 2015 - August 2016 - Senior Therapist at Slimspired, London, UK - United Kingdom, (Day Spa)

Duties included:

Sales, professional consultations, body and skin analysis, stock taking, administration and clinic coordination and training new staff and treatments

Products worked with:

Products I have used include - Dermalogica, Elemis, Guinot, Thalgo and Clarins also organic/natural range

May 2011 - April 2015 - Aesthetic therapist at Nomasvello , London, UK - United Kingdom, (Skin Clinic)

Duties included:

My responsibilities included, managing a small team, overseeing the operations of the clinic, including treatments, marketing, sales and overall customer satisfaction. I started the position as a therapist and received full training and progression within the company. After gaining experience I developed my skills further and became training support manager.

- Managing appointments via online booking system
- Customer service and satisfaction
- sales
- Carrying out All aspects of IPL hair removal and skin rejuvenation
- Training new staff and offering refreshment training across the company's network of clinics. Offering sales support on products and services, ensuring therapists are following all correct protocols and health and safety procedures.

Products worked with:

IPL/Laser system, microdermabrasion, skin rejuvenation

May 2010 - November 2011 - Spa Consultant at Utopia spa , Kent, UK - United Kingdom, (5 Star Hotel Spa)

Duties included:

Carrying out a range of spa treatments such as massage, body scrubs and facials

Products worked with:

Guinot and Utopia Spa products

October 2008 - April 2010 - Spa Consultant at Sanctuary , London, UK - United Kingdom, (Day Spa)

Duties included:

Provide a range of treatments within the stores internal beauty clinic.

- meet and greet clients
- Maintain high standards at all times

Products worked with:

Sanctuary products

Education and Qualifications:

2009 London College of Beauty Therapy

NVQ Level 2 and 3 and further education in advance massage skills

Beauty Therapy general

Specialised in Advance massage - Sweedish, deep tissue, aromatherapy, indian head, hot and cold stone, lymphatic drainage and cellulite reduction, myofascial, reflexology and Reiki level 1&2

2009 London College of Beauty therapy

Full NVQ level 2 and 3

Product Training:

November 2009 **Dermalogica Thalgo**

Dermalogica institute in Leatherhead, England

Thalgo - in spa training

Thalgo marine body scrubs and wraps, facials and Microdermabrasion

Dermalogica - skin care, retail, face mapping and facial practical

Guinot Hydradermie facial

Vocational Qualifications

Microsoft office skills

marketing

Hobbies and Interests

I am very interested in wellness and mindfulness, yoga, aerobics, writing, reading and studying new areas such as nutrition

CV created at www.spastaff.com

