

Curriculum Vitae

Male

D.O.B. 01 April 1972

Number of years working in industry: 20 years 6 months

Candidate ID Number: 35625

Nationality: British

Language Skills:

Fluent: English

Basic: French

Permitted to work in: UK - United Kingdom

Position Sought: Spa Director, Spa Manager, Assistant Manager, Head Therapist, Senior Therapist, Sports and Massage Therapist

Personal Statement

Passionate about sports, bio-mechanics, physical therapy (Sports, Swedish, Deep Tissue, Trigger Points, MFR, Pregnancy Massage, Fitness and Rehab techniques) and those who participate in any activity. Ironman finisher, driven, tenacious yet patient and thorough in his diagnostic processes.

Focuses on importance of body maintenance and performance; coaches clients to maximise their potential.

Broad commercial acumen developed through 12 years experience in the Construction and Property Recruitment industry. Roles include Consultancy, Finance and Business Development Director. Consistent track record in leading change and taking under achieving areas of businesses into profit.

Skilled in personnel management, business development, business planning, presentation and project delivery. Excellent learning agility, emotional intelligence and sense of integrity.

Employment History:

August 2005 - Present - Owner, Sports and Massage Therapist at (most recent employer hidden for confidentiality) Altrincham, UK - United Kingdom, (Home/Mobile)

Duties included:

Skilled in areas of Sports Massage and Soft Tissue Therapy. Currently established in 2 locations across the North of England (Altrincham, Alderley Edge) offering a wide range of treatments for sporting and non-sporting soft tissue conditions. Currently working alongside a Chiropractor and a Chartered Physiotherapist as part of their multi-disciplinary teams.

Spent 18 months (upto May 2013) in helping to run a practice in Tyldesley working with and on behalf of his mentor (reference available) in expanding a clinic to offer a total physical rehabilitation and holistic service to a broad spectrum of clients.

Has established and built a network of strong relationships with other Health and Physical Practitioners to enable a more rounded response to the health requirements of each individual. All work is generated by word-of-mouth.

Experience gained with Gaelic Footballers, Triathletes, Weightlifters, Rugby players, Footballers (Altrincham FC), Dancers, people undertaking general leisure activities, Cyclists, Ultra-distance Runners, Hockey Players, Boxers, MMA fighters, Musicians and treating all members of the public such as Tradespeople, those with RSI's and people pre & post-op. Worked with Six Physio, TheEnduranceCoach.com and Epic Events providing Sports Therapy to a variety of sporting events from Triathlon's, Cycle Sportives to The Lakeland 100.

Education and Qualifications:

2005 St Helen's College

VTCT Level 3 Diploma

Sports Therapy

1990 Sherborne School

9 GCSE's, 1 x A Level

Vocational Qualifications

First Aid in the Workplace

Scuba Basic

Fully IT literate.

Financial Accounting

Hobbies and Interests

Avid Rugby supporter (no longer playing), Golf (h'cap 8), Triathlon, Cycling, Walking (2 Beagles), Running, Gym, Mountain Biking, Skiing, Waterskiing, Scuba Diving, Pilates, Tennis, Squash, Swimming, Hockey.

CV created at www.spastaff.com

