

Curriculum Vitae

Female

D.O.B. 24 December 1977

Number of years working in industry:

17 years 1 month



Candidate ID Number: 35004

Nationality: British

Language Skills:

Fluent: English

Basic: Spanish, French, Italian

Permitted to work in: UK - United Kingdom

Position Sought: Spa Consultant, Spa Co-ordinator, Assistant Manager, Senior Therapist, Massage Therapist

Personal Statement

My best qualities are reliability, honesty, compassion and kindness. My main goal is to live a happy healthy life whilst helping others to reach their optimum level of health promoting well-being on the physical, emotional and mental level.

I am hard-working, committed, compassionate and skilled individual, a great team player who is competent and caring with excellent knowledge of anatomy and superb communication skills. Confident and capable of satisfying clients with a wide range of massage techniques and presents a smart appearance whilst maintaining a high level of hygiene.

Seeking work in international locations and on cruise ships

Employment History:

January 2009 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Brighton , UK - United Kingdom, (Day Spa)

Duties included:

- Provide high quality Deep Tissue Massage Treatments
- Communicate clearly and always be respectful of clients
- Provide free consultations before a treatment to check for any contraindications such as allergies etc..

Products worked with:

- Organic Aromatherapy Oils

Career Break - Traveling

July 2014 - June 2016 - Massage Therapist at The Holistic Clinic, Brighton , UK - United Kingdom, (Health Club)

Duties included:

I was responsible for my own publicity

Clear Consultation Process

Providing High Quality Massage Treatments

July 2012 - July 2014 - Massage Therapist at The Perfect Pamper, Brighton , UK - United Kingdom, (Home/Mobile)

Duties included:

Providing High Quality Massage Treatemts as a Mobile Service.

Products worked with:

Organic Aromatherapy Oils

Education and Qualifications:

2014

Diploma level

Sauna / Spa Treatment Training

Facials / Deep Tissue Training / Swedish Training

Pregnancy and Labour Massage

Aromatherapy Massage

2014 London School of Massage Brighton and Hove College.

VTCT: Dip Anatomy, Physiology and Body Massage. FHT: Deep Tissue. FHT: Pregnancy and Labour Massage.
VTCT: Swedish and Lymphatic drainage Massage. Diploma level 3 in Anatomy and Physiology, Diploma in Deep Tissue Massage, Diploma in Swedish

London School of Massage (2014)
Deep Tissue Massage (refresher),
Pregnancy and Labour Massage Cert.
Office Chair Massage Certificate

Massage Therapist (2007 – 2008)
Fully qualified and trained in Swedish / Deep Tissue, massage including Spa treatments: facials, steam, sauna, deep body tissue techniques.
Brighton and Hove City College.
Anatomy and Physiology Cerificate

1996 North East London College

Photograpgy - Btec

Performing Arts - Btec

1994 Alywin School

I passed ten GCSE's

Dounble Science B, B+

English Language B

English Literature B+

Maths C / IT - C / CDT - C+ / Geography C / Religion C / Art C

Vocational Qualifications

Health and Safety in the work place.

First Aid

British Sign Lang – (level one).

Computer Skills

Hobbies and Interests

Maintaining a happy and healthy lifestyle, studying Vipassana Meditation and attending Hot Yoga.

I enjoy helping others, running marathons, learning, nutrition, reading, dancing and playing the trumpet.

CV created at www.spastaff.com

