

Curriculum Vitae

Female

D.O.B. 13 March 1986

Number of years working in industry: 9 years 3 months

Candidate ID Number: 34796

Nationality: Greek

Language Skills:

Fluent: English

Good: Italian

Basic: German, Spanish

Permitted to work in: European Union

Position Sought: Spa Consultant, Spa Director, Spa Manager, Spa Co-ordinator, Assistant Manager, Holistic Therapist, Complementary Therapist, Yoga / Pilates Teacher

Personal Statement

i am a free and happy person because i do what i love as a profession

my life goal is to become better and better as a person and as a therapist

Seeking work in international locations

Employment History:

December 2021 - Present - Holistic Therapist at (most recent employer hidden for confidentiality) Boyle, Ireland, (5 Star Hotel Spa)

Duties included:

Massage Therapist

Beauty Therapist

Products worked with:

ELEMIS

June 2021 - October 2021 - Spa Manager at Thelma Spa, Santorini, Greece, (5 Star Hotel Spa)

Duties included:

- holistic therapy,
- aromatherapy,
- health advisor,
- healing treatments,
- herbology,
- budgeting

Products worked with:

Charme d' Orient Paris

Tegoder Cosmetics

Career Break - break

May 2018 - May 2021 - Massage Therapist at Freelancer, Athens, Greece, (Home/Mobile)

Duties included:

massage therapist

kinisiology

stretching

client consultant

Products worked with:

Thalgo

Bioaroma

Valsamo

Career Break - Job hunting

September 2017 - April 2018 - Massage Therapist at Touch & Relax massage boutique, Athens, Greece, (Day Spa)

Duties included:

client's consultant , spa therapist, product promoter, aromatherapist

Products worked with:

Thalgo

Bioaroma

Career Break - Job hunting

March 2015 - October 2015 - Head Therapist at Aegeo Spa, Crete, Greece, (5 Star Hotel Spa)

Duties included:

Beauty Therapist

Massage Therapist

product advisor

Products worked with:

thalgo

March 2014 - October 2014 - Massage Therapist at free lancer, corfu, Greece, (Hotel Spa)

Duties included:

massage in a Gazebo on the beach

Education and Qualifications:

2019

Holistic therapy

school of esoteric studies, www.esoteric-studies.gr, greece, athens anaxata, the center of the hart, 2013 www.anahata.gr, greece, athens Stretch your limits Training and certification by the founder Nissim Zaares at BFS academy

degree, certificate

history, spa management, beauty therapy, personel trainer

rejuvance face lift, thai foot massage, lymphatic drainage massage, abdominal and colonal massage, aromatherapy, hot stones spa massage, detox/anti-cellulite massage and body sculpt

Product Training:

May 2016

Ageo spas, Crete, Greece

- SCRUBS

olive and lavender exfoliation

silky body

sugar and honey exfoliation

- BODY THERAPIES

seaweed therapy, anti-cellulite massage, chocotherapy, soothing aloe, vanilla essence, mud mask

- FACE THERAPIES

cleansing treatment, deep hydration, vitamin c therapy, cryo-time freeze, collagen, eye treatment, caviar

Vocational Qualifications

- team spirit
- adapt to multicultural environments
- communication skills
- software: skills in IT sector
- proficiant knowledge of microsoft office
- preadsheets
- blind typing system
- archiving

Hobbies and Interests

- yoga
- aikido
- dancing
- reading
- writing
- running

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