

Curriculum Vitae

Female

Number of years working in industry:

16 years 1 month



Candidate ID Number: 34202

Nationality: British

Language Skills:

Fluent: English

Good: French

Basic: Spanish

Permitted to work in: UK - United Kingdom

Position Sought: Spa Consultant, Assistant Manager, Treatment Manager / Spa Trainer, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Fitness Professional, Dancer, Dance/ Fitness Instructor, Holistic Healer

Personal Statement

Personable. Friendly. Good with people. Patient. Able to work with young children to elderly folk. Vibrant. Outgoing. Sociable. Adventurous.

Life Goals to stay Healthy, Wealthy & Wise. Be kind to myself and others. Travel and enjoy other cultures. Help people become the best person they can be through movement, dance, healing & fitness.

Seeking work in international locations.

Employment History:

January 2010 - Present - Dancer/ Fitness Instructor/ Choreographer/ Holistic Practitioner at (most recent employer hidden for confidentiality) Ryde, UK - United Kingdom, (Home/Mobile)

Duties included:

Mainly working for myself.

I run my own business working for myself so, do EVERYTHING from providing the content for what for the classes etc. and for the website. I do admin, Marketing & Promotion and Networking..

I teach dance & fitness classes, dance parties, dance retreats/ holidays.

Dance Groove - dance fitness class

Dance Yoga - wellbeing dance class

FLASHMOB - Learn-a-routine and perform

Brazilian Samba & Bollywood style classes

I run dance groups in Brazilian Samba & Bollywood

I run Children's Carnival Workshops in the Summer & Bollywood Workshops to celebrate Diwali.

I am a Freelance Choreographer in Jazz, Brazilian Samba, Salsa, Bollywood, Charleston, 1940's/ 50's style dancing. I have worked on my production and for my own troupes and for Theatre groups.

I am a fully qualified Aerobics & Zumba Instructor and Personal Trainer.

I also offer one-to-one Hands on Healing work and Clairvoyant Readings

Education and Qualifications:

2012 More Fitness

OCR Personal Training Certification Level 3 Vertical Dance October 2012 Pole Dance Teacher Training
Beginners Level 2 OCR Exercise to Music Certification Level 2

Zumba Level 1 July 2013

More Fitness -- November 2012

- OCR Personal Training Certification Level 3

Vertical Dance October 2012

- Pole Dance Teacher Training Beginners Level 2

More Fitness December 2011

- OCR Exercise to Music Certification Level 2

The Nia Technique -

- Licensed White Belt Nia Instructor Certification

University of Derby - 1990 - 1994

- BA (Hons) Marketing, Business, French
- HND Business and Finance

Crawley College of Technology - 1988 - 1990

- BTEC National Diploma in Business Studies

Vocational Qualifications

First Aid

Hobbies and Interests

Hiking, Running, Cycling, Yoga, Reading, Swimming, Dance, Cinema, Museums, Theatre, Arts, Gardening, Travelling, Historical buildings..

CV created at www.spastaff.com

SPA STAFF. COM
