

# Curriculum Vitae

**Female**

**D.O.B. 25 June 1961**

**Number of years working in industry:**

**34 years 11 months**



**Candidate ID Number:** 33692

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** UK - United Kingdom

**Position Sought:** Spa Co-ordinator, Massage Therapist, Holistic Therapist, Complementary Practitioner, Complementary Therapist, Health & Wellbeing Consultant

## Personal Statement

Experience, confident, considerate, proactive and passionate about holistic health & wellbeing. I have been in the industry for 25 years and have gained much learning and experience of working with people to help themselves in some way.

My goal is to help educate, and facilitate deep & long lasting good health and wellbeing in whatever way is appropriate for that person. I have many different approaches and would like to be part of a team of people all collaboratively working towards the same vision.

Seeking work in national and international locations

## Employment History:

**March 1991 - Present - Holistic Therapist** at (most recent employer hidden for confidentiality) Minehead Somerset, UK - United Kingdom, (High Street Store)

### Duties included:

32 years of experience

Self-employed managing clinic and my own business

Full responsibility for all aspects of business and holistic Wellbeing treatments, coaching, courses and classes.

### Products worked with:

Tisseraud

Neil's Yard

## Education and Qualifications:

**2023 London , Taunton & Weston Super Mare - colleges**

See CV

**1991 Weston-Super-Mare Tech College West London School of Massage SRMHC Somerset SCAT - Somerset**  
ITEC ITEC Hons Dip Cert Ed City & Guilds SRMHC - cert Birghtlight - cert IAIM - cert

Aromatherapy

CranioSacral Therapy

Swedish Massage

Lymphatic Drainage

Baby Massage

Baby Yoga

Pure Meditation Foundation

Holistic Energy Care

## **1979 West Somerset College**

GCSE

English Lang B

Art B

Math C

Human Biology B

## **Product Training:**

### **May 2016**

Weston-S- Mare Technical College

West London School of Massage

SCAT - College Taunton Somerset

SRMHC - Queen Camel Somerset

Birthlight - Training School

IAIM - training / qualification

Swedish massage

CranioSacral Therapy

Lymphatic Drainage Massage

Deep Tissue Massage

Aromatherapy

Baby Massage

Baby Yoga

Pure Meditation Foundation

Holistic Energy Care

## **Vocational Qualifications**

Cert of Adult Education

First Aid

Beauty Therapy

Hairdressing

Baby Massage

Baby Yoga

Holistic Health talks

Shibadhi ( Tai Chi) Instructor / teacher

Free Dance facilitator

Health & Wellbeing Workshops / talks

## **Hobbies and Interests**

Dancing Fitness

Acting - performance

Hiking

Tai Chi

Yoga

Meditation

Mi Lee

Spiritual study

Singing - performance

Musical composition

CV created at [www.spastaff.com](http://www.spastaff.com)

