

# **Curriculum Vitae**

**Female**

**Number of years working in industry: 1 year 0 months**

**Candidate ID Number:** 33427

**Nationality:** British

**Language Skills:**

Fluent: English

**Permitted to work in:** Spain, Portugal, Netherlands, Ireland, Greece, France, Denmark, Belgium, Austria, UK - United Kingdom

**Position Sought:** Holistic Therapist, Complementary Therapist

## **Personal Statement**

I am a committed and passionate individual looking to pursue the work I love. I have worked hard in jobs that I don't believe in a long time and although I have had successes at work it has not been rewarding. I want to do work that will help people, in positive environment. I want to gain as much experience as I possibly can. If there is one thing I have learnt on this path it's that there is always something to learn and you can learn from every person and opportunity that comes to you. I want to immerse myself as much as I can in yoga and healing work, and I hope to find a job that allows me to do this. My work is obviously with people and it excites me to also work in a team of people who share similar motivations.

Seeking work in national and international locations and on cruise ships

## **Employment History:**

**May 2015 - May 2016 - Complementary Therapist** at (most recent employer hidden for confidentiality) home , UK - United Kingdom, (Home/Mobile)

### **Duties included:**

My last job was actually in managing a delicatessen. I left this job in January in order to come to India to immerse myself in yoga and healing work. I have been attending many classes and training programmes, workshops and events in order to deepen my knowledge and experience.

On arriving back in England I seek to pursue this work further, and I don't limit myself to the UK I will travel anywhere in the world to do this work!

I can offer; Reiki, Crystal Healing Therapy, Siddha Kundalini Healing, Yoga classes and meditations including things such as breath work, visualisations, mandala work, mantras and so on.

### **Products worked with:**

n/a

**Career Break** - Training - industry-related

## **Education and Qualifications:**

**2016 Bhagsu- North India (Himalayas) with Dani Sher**

from the Indian Guru tradition, passed on from Guru to student. Not accredited

Siddha Kundalini Healing - (from the Siddha tradition- passed on from Guru Avdhoot baba Shivanand and Dani Sher)

**2016 Trimurti yoga school Goa**

Yoga Alliance 200hr TTC

Yoga teacher

### **2016 Jan Dehaney - Crystal Threads**

accredited

Crystal Healing Therapy under the programme of Philip Permutt- Levels 1&2

### **2013 Tina Pitcher**

accredited

Reiki - Levels 1&2

### **2013 University of Sussex**

2.1 Bachelors of Arts - History of Art

### **2010 The Royal Hospital School**

A Levels

Geography A\*

English Literature A

Biology B

GCSEs

10 including, English, Maths, Sciences, Spanish

Grades A\*-B

## **Vocational Qualifications**

First Aid

## **Hobbies and Interests**

Keen interest in sustainability- ecological and sustainable design and building. Also the growing of food and medicinal plants. I have done a lot of voluntary work in this sphere through wwoof and workaway in both Spain and India.

I have also always grown up with horses and have been riding, competing and looking after my own since I was 9 years old.

CV created at [www.spastaff.com](http://www.spastaff.com)

