

Curriculum Vitae

Female

D.O.B. 04 September 1981

Number of years working in industry: 9 years 11 months

Candidate ID Number: 32377

Nationality: British

Language Skills:

Fluent: English

Permitted to work in: UK - United Kingdom

Position Sought: Yoga / Pilates Teacher

Personal Statement

I am a dedicated hard working individual who loves a challenge and is always looking for an adventure. I'll always put 100% in to whatever I do and I enjoy working as part of a team, as much as I am happy to work on my own.

I love meeting new people and working in different places, my passion is yoga and being qualified means I am doing what I love and teaching.

Seeking work in the UK, international locations and on cruise ships

Employment History:

March 2016 - Present - Yoga / Pilates Teacher at (most recent employer hidden for confidentiality) christchurch dorset, UK - United Kingdom, (Home/Mobile)

Duties included:

setting up my own yoga class involves

* creating sequences for each class across a four week period

* advertising through social media

* finding and organising venues to hold classes

* dealing with all paper work from insurance, to indemnity forms - ensuring client safety is paramount

* working with private individuals creating specific sequences and practices for them

Education and Qualifications:

2016 santosha

ytt 200 hour

ytt yogateacher training

pre & post natal

baby & teen yoga

2016 santosha

ytt 200 hour yoga teacher training

pre and post natal, teens and baby yoga 30 hour teacher training

Vocational Qualifications

emergency first aid

Hobbies and Interests

yoga, cycling, reading, drawing, walking, listening to music, travelling and meeting new people and seeing new place

CV created at www.spastaff.com

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