

Curriculum Vitae

Male

D.O.B. 25 August 1984



Number of years working in industry:

11 years 4 months

Candidate ID Number: 30961

Nationality: Italian

Language Skills:

Fluent: Italian

Good: English, French

Permitted to work in: European Union, UK - United Kingdom

Position Sought: Massage Therapist

Personal Statement

Seeking work in international locations

Employment History:

June 2016 - Present - Massage Therapist at (most recent employer hidden for confidentiality) Vinadio, Italy, (Day Spa)

Duties included:

Massage Therapist:

Booking Massage

Relaxing Massage

Deep Tissue Massage

Lymphatic Massage

Event in Cave with bells and sludge.

Scrubs

Sludges

Products worked with:

Oil, Vegan-Oil-Scrubs, Sludges, Bells

March 2014 - November 2015 - Massage Therapist at Hammam Turin, Turin, Italy, (Health Club)

Duties included:

Talking with clients about symptoms, medical history. Manipulate muscles and tissues to mitigate contracture and tense area of the body. Help them with posture, stretch and to relax their body. Helping customers relax with music, candles and incense perfume

From (2013) specialized in: Swedish Massage: Manipulate muscles and tissues to mitigate contracture and tense area of the body. Aesthetic Massage for face, cellulite and shiny skin. Hands, Feet and Visage massage. Sport massage, muscles massage, pre and post competitions

From (2014) specialized in :Lomi Lomi : Hawaiian energizing massage, using many oil also on the bed to remember the energy and the sound of the sea. Embracing massage
From (2014) specialized in : Thai oil Massage: partial work on lymphatic system with hands and fingers. Good work for spine and posture.

Manipulate muscles and tissues to mitigate contracture and tense area of the body:
Relaxation.

Provided safe, appropriate massage technique.

Performed 50 minutes quality massage therapy session.

Observed client reaction to massage and modify is necessary.

Work on limphatyc system if is necessary.

Anamnesis.

After this period i learned hot stone and ayurvedic massage. practical and theoretical.

Products worked with:

Oil, Candles

Education and Qualifications:

2013 Diabasi, Cecop

Other

Head massage, Spine massage, muscles massage, energetic massage, cervical massage, Sciatica Massage

Vocational Qualifications

PDC permaculture design course

Hobbies and Interests

swiming, rpg

CV created at www.spastaff.com

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